Many FVSRA employees have earned professional credentials, demonstrating a thorough understanding of the field of Therapeutic Recreation or their designated area of expertise. The Certified Therapeutic Recreation Specialist (CTRS) is awarded to professionals who provide recreational therapy services to address the needs of individuals through recreation as a means to improve or maintain physical, cognitive, social, emotional, and spiritual functioning to fully participate in life. The Certified Park and Recreation Professional (CPRP) designates mastery in the field of parks and recreation. FVSRA takes pride in the professional and educational experience of our employees.

Alex Engelhardt, MBA, CTRS, CPRP, CPRE
Executive Director & ADA Coordinator
P: (630) 907-1114 ext. 1202  |  M: (630) 330-4022
E: AlexE@fvsra.org

Becky Fredrickson, CTRS
Inclusion Manager
P: (630) 907-1114 ext. 1206  |  M: (630) 746-1678
E: BeckyF@fvsra.org

Jennifer Wisneski, CTRS
Outreach Coordinator
P: (630) 907-1114 ext. 1210  |  M: (630) 330-6470
E: JenniferW@fvsra.org

Lexi Masterson, CTRS, MS
Athletics Coordinator
P: (630) 907-1114 ext. 1208  |  M: (630) 433-1924
E: LexiM@fvsra.org

Michelle Hastings, CTRS
Day Program Coordinator
P: (630) 907-1114 ext. 1212  |  M: (630) 770-4717
E: MichelleH@fvsra.org

Samantha Pierce, CTRS
Inclusion Coordinator
P: (630) 907-1114 ext. 1211  |  M: (630) 532-7882
E: SamanthaP@fvsra.org

Brianna Latjor, CTRS
Inclusion Coordinator
P: (630) 907-1114 ext. 1216  |  M: (630) 723-7460
E: BriannaL@fvsra.org

Erin Anderson, CTRS
TR Coordinator
P: (630) 907-1114 ext. 1217  |  M: (331) 302-8660
E: ErinA@fvsra.org

Rania Samawi, CTRS, MS
TR Coordinator
P: (630) 907-1114 ext. 1219  |  M: (630) 433-1082
E: RaniaS@fvsra.org

Marice Lucas
Foundation Coordinator
P: (630) 907-1114  |  M: MariceL@fvsra.org

Registration Deadline is May 25
Follow us on Facebook @FVSRA
Fox Valley Special Recreation Association (FVSRA) was formed in 1976 and is an extension of the Batavia, Fox Valley, Geneva, Oswegoland, St. Charles, Sugar Grove Park Districts, and South Elgin Parks and Recreation Department.

FVSRA supports and empowers individuals with disabilities of all ages by providing engaging, community-based, leisure, and recreational activities. Our programs, trips, and events include competitive and recreational athletics, aquatics, fitness, dance, art, social clubs, and day camps. Our community can choose from program options that meet in person or virtually through Zoom.

Mission
We empower people with disabilities to participate in therapeutic recreation and leisure activities, which are essential to a rich life.

Vision
FVSRA is the Gold Standard in providing recreation and leisure activities to people with disabilities.

Values
We Put People First Collaborative All-Encompassing Strive for the Best Welcoming and Safe Visible in the Community

FVSRA Board of Directors
Robert Thomson, Chair
St. Charles Park District
Sheavoun Lambilotte, Vice Chair
Geneva Park District
Karen Pritchard, Secretary
Sugar Grove Park District
Jaime Ijams, Treasurer
Fox Valley Park District
Rich Ziolk, FVSRF Representative
Oswegoland Park District
Allison Niemela, Member
Batavia Park District
Kim Wascher, Member
South Elgin Parks & Recreation

FVSRA Foundation
The Fox Valley Special Recreation Foundation was established in 2010 and is a registered 501(c)(3) nonprofit organization. Its role is to establish and foster support from individuals, businesses, and organizations to further the goals and ideals of the Fox Valley Special Recreation Association.

The Foundation supports FVSRA participants through program scholarships, as well as funds special projects such as the Carolyn Nagle Sensory Room, the Dr. William Kelly Resource Library and more. To learn more, visit www.fvsrf.org

FVSRF Foundation Board of Trustees
Tony Abbott, Chair
Mark Lucas, Vice-Chair
Jamie Wyeth, Treasurer
Annette Pierson, Secretary
Kim Wascher, FVSRA Representative
Amy Girmscheid, Member
Jim Dillenburg, Member
Amanda Rooney, Member
Phillip Salerno, Member
Ryan Ulrin, Member

Se Habla Español
FVSRA ofrece clases de recreación para adultos y niños con discapacidades. Para información y preguntas por favor llame a la oficina (630) 907-1114 y pregunte por Leticia Favela (Lunes - Viernes: 9:00 AM - 4:00 PM)

Special Assistance / Interpreter
If special assistance or a sign language interpreter is needed, please inform FVSRA upon registration or call us at (630) 907-1114.

Americans With Disabilities Act (ADA)
FVSRA provides recreation opportunities for all and encourages participation by everyone. Our programs, services, and facilities align with the Americans with Disabilities Act (ADA), which prohibits discrimination towards individuals with disabilities. FVSRA works closely with its Member Agencies to provide information on inclusion services, facility accessibility, and communication devices. FVSRA will make reasonable modifications to enable an individual with a disability who meets essential eligibility requirements to participate in programming. Questions or concerns about compliance can be addressed with Alex Engels, FVSRA Executive Director and ADA Coordinator, at (630) 907-1114 ext. 1202 or AlexE@fvsra.org

Equal Access
No participant shall, on the basis of race, sex, creed, national origin, or disability, be denied equal access to programs, activities, services or benefits, or be limited in the exercise of any right, privilege, advantage or opportunity.

FVSRA is an Illinois Distinguished Accredited Agency
Fox Valley Special Recreation Association has been recognized as an Illinois Distinguished Accredited Agency by the Illinois Association of Park Districts (IAPD) and the Illinois Park and Recreation Association (IPRA). The Illinois Distinguished Accreditation program provides an opportunity for these agencies to undergo a voluntary, comprehensive evaluation process to demonstrate that they have met state guidelines to provide exceptional park, recreation, and special recreation services to their communities. The end result is to improve the quality of life for Illinois residents.

Contact Us
Location
2121 W. Indian Trail | Aurora, IL 60506
Located inside the Vaughan Athletic Center.

Hours
Monday - Friday | 9:00 AM - 4:00 PM
The FVSRA office will be closed May 30, July 4, and September 5.

Contact
P: (630) 907-1114 | F: (630) 907-1116
Individuals who are deaf or hearing impaired can call us through the Illinois Relay System by dialing 711 or 1 (800) 526-0844.

Social Media
Facebook @FVSRA | Instagram @fvsra | Twitter @FVSRA
Youtube @Fox Valley Special Recreation | TikTok @FVSRA

Online
E: Info@fvsra.org | W: www.fvsra.org
FVSRA Programs

FVSRA programs are planned according to the principles of Therapeutic Recreation (TR). TR uses strategies to address the social/emotional, cognitive, physical and leisure needs of those impacted by illness, injury, or disability. Participation in therapeutic recreation programs, like those we offer at FVSRA, can slow the decline and even achieve improvement in these areas for greater independence and well-being. Therapeutic Recreation can be a cost-effective supplement to other therapies including, but not limited to: physical, occupational, rehabilitative, speech, etc.

Participants who are new to FVSRA should have an assessment to help determine ability levels and recreation goals.

Therapeutic Recreation Assessment

FVSRA conducts therapeutic recreation assessments at no cost to participants. We evaluate your specific leisure goals, interests, and abilities during the assessment to make recommendations for programs and services. We take into account your individual goals and goals from your health, education, or other therapy providers to ensure proper program placement. Please contact the FVSRA Outreach Coordinator at (630) 907-1114 ext. 1210 for program recommendations or to schedule an assessment.

Inclusion

FVSRA provides assistance and modifications to our Member Agencies to include residents with disabilities into their program at no cost to the individual. Modifications provided by FVSRA include special training for staff, adapted equipment, physical assistance, communication tools or a program companion.

Inclusion services can be requested by marking the “special accommodations” field on the Member Agency registration form. FVSRA requires a two-week window in order to coordinate and accommodate these services. For more information, please contact the Inclusion Manager at (630) 907-1114 ext. 1206.

IEP and Transition Planning Meetings

By request, an FVSRA staff member can also be involved in an Individualized Education Plan (IEP) and/or Transition Planning meetings. Our knowledgeable CTRS staff will provide resources and make recommendations for programming that align with an individual's goals and recreation needs.

New to Special Recreation or FVSRA?

Hi, I'm Jennifer Wisneski, Outreach Coordinator, and I'm here to help! I can assist you with:

- Programs and services
- Therapeutic Recreation Assessment
- First-time registration
- Disability resources within your community

Contact me at JenniferW@fvsra.org or (630) 907-1114 with any questions you may have!

Registration Dates

2022 Summer Programs: June 13 - August 14
Registration Opens: May 2
Non-Resident Registration Opens: May 16
Registration Closes: May 25 at 11:59 PM

Registration Information

- Online at fvsra.org
- Fax to (630) 907-1116
- Drop off or mail to:
  Fox Valley Special Recreation Association
  2121 W. Indian Trail Rd, Aurora, IL 60506

The FVSRA registration form can be downloaded at fvsra.org/forms or in the back of this program guide. For more information, registration procedures, and forms including in-person program participant eligibility please see page 48.

Stay Informed

Get the most up to date information through our online blog posts at fvsra.org.

Brochure Errors

Our team makes every effort to prepare this brochure as accurately as possible; however errors can still occur. Circumstances may require that adjustments be made to programs, fees, schedules, etc. FVSRA reserves the right to make any such adjustments. We apologize for any inconvenience these errors and adjustments may cause.

The Anatomy of a Program Card

1. Program Name and Symbols

This includes the name of program and relevant symbols for easy identification. All program symbols are described below.

2. Description & Goals

This section includes a brief description of the program along with notes and goals specific to that program. Keep individual interests and recreation goals in mind when choosing programs for a meaningful and relevant TR experience. Goals are important for selecting appropriate programs.

3. Session Information

This section includes the necessary information you need to know when selecting your program(s) such as location, date, time, cost and age requirements.

This section also includes the "program code" you'll need to enter on the registration form when signing up for programs. You can also enter the code into the search filter if using online registration.

How to Select the Right Program(s)

Intended therapeutic outcomes are identified within each program's goals. Please use these goals to guide your program selection(s).

Program Symbols

- In-Person This program takes place in-person at the location listed on the program card.
- Food Snacks and drinks will be provided during this program.
- Money A suggested dollar amount is given if the participant wishes to make a purchase.
- Shoes This program requires participants to keep walking pace with the group and is not recommended for those who have mobility limitations.
- Transportation Transportation will be provided to and/or from designated pick up locations.
- Virtual This program will take place online through Zoom. Login information will be provided.

Friends of FVSRA is a growing group of volunteers for Fox Valley Special Recreation Association who come together to determine how to best support FVSRA. These meetings are great ways to stay up-to-date about all that's going on around FVSRA.

Quarterly meetings and social outings will be scheduled throughout the year. For more information on how to join the Friends of FVSRA, please contact Jennifer Wisneski at JenniferW@fvsra.org or FVSRA.org.

What's in it for you?

- Resource Presentations
- Parent/Caregiver Networking Opportunities
- Social Outings
- Feedback
Aquatics

DIVE INTO FUN!

Meet Your Coordinators

Brian Houzenga, CTRS
Support Staff Manager
P: (630) 907-1114 ext. 1209
M: (630) 742-5577
E: BrianH@fvsra.org

Lexi Masterson, CTRS, MS
Athletics Coordinator
P: (630) 907-1114 ext. 1208
M: (630) 433-1924
E: LexiM@fvsra.org

Registration is now online!
FVSRA uses an online recreation system that allows you to search, filter, and sign up for programs easily. Please visit www.fvsra.org/registration to get started!

Symbols Key

In-Person This program takes place in-person at the location listed on the program card.

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Virtual This program will take place online through Zoom. Login information will be provided.

Please contact Brian or Lexi, your program coordinators, with any questions that you may have.

About Aquatic Programs
Participants of all ages will have fun while working toward improving their swim skills and safety in the water. You will find opportunities for both group aquatic programs and individualized swim lessons. Our aquatic programs challenge swimmers of all levels with outcomes focused on improved cardiovascular endurance, muscular strength, and stroke technique.

Important Notes:
- Participants should be dressed in their swim attire and ready to enter the pool at the start of the program.
- Advanced swim programs may require instructor approval before enrolling.

Aquatics - Advanced

FVSRA swim instructors have extensive experience helping individuals with disabilities improve their water skills. Mary will work with your current swim level to improve stroke development. Spaces are limited, so sign up early to ensure a spot.

Note: Swim instruction for Advanced Lessons will take place from the pool deck. Participants are required to have a basic understanding of freestyle swim. Instructor approval may be required before starting.

The goal of this program is to improve stroke development and technique.

Session Information
Vaughan Athletic Center, Therapy Pool, Aurora
F  |  6/24 - 8/5  |  8+
6:00 - 6:30 PM  |  122-7051-1-5  |  $142 R / $214 NR
6:30 - 7:00 PM  |  122-7051-2-5  |  $142 R / $214 NR
7:00 - 7:30 PM  |  122-7051-3-5  |  $142 R / $214 NR
7:30 - 8:00 PM  |  122-7051-4-5  |  $142 R / $214 NR

Session Information (September)
Vaughan Athletic Center, Therapy Pool, Aurora
F  |  9/2 - 9/23  |  8+
5:00 - 5:30 PM  |  122-7052-1-5  |  $82 R / $123 NR
5:30 - 6:00 PM  |  122-7052-2-5  |  $82 R / $123 NR
6:00 - 6:30 PM  |  122-7052-3-5  |  $82 R / $123 NR
6:30 - 7:00 PM  |  122-7052-4-5  |  $82 R / $123 NR
7:00 - 7:30 PM  |  122-7052-5-5  |  $82 R / $123 NR
7:30 - 8:00 PM  |  122-7052-6-5  |  $82 R / $123 NR

Dive into fun!

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6:30 - 7:00 PM  |  122-7051-2-5  |  $142 R / $214 NR
7:00 - 7:30 PM  |  122-7051-3-5  |  $142 R / $214 NR
7:30 - 8:00 PM  |  122-7051-4-5  |  $142 R / $214 NR

Session Information (September)
Vaughan Athletic Center, Therapy Pool, Aurora
F  |  9/2 - 9/23  |  8+
5:00 - 5:30 PM  |  122-7052-1-5  |  $82 R / $123 NR
5:30 - 6:00 PM  |  122-7052-2-5  |  $82 R / $123 NR
6:00 - 6:30 PM  |  122-7052-3-5  |  $82 R / $123 NR
6:30 - 7:00 PM  |  122-7052-4-5  |  $82 R / $123 NR
7:00 - 7:30 PM  |  122-7052-5-5  |  $82 R / $123 NR
7:30 - 8:00 PM  |  122-7052-6-5  |  $82 R / $123 NR

Don't miss out!
Online registration closes May 25.

About Aquatic Programs
Participants of all ages will have fun while working toward improving their swim skills and safety in the water. You will find opportunities for both group aquatic programs and individualized swim lessons. Our aquatic programs challenge swimmers of all levels with outcomes focused on improved cardiovascular endurance, muscular strength, and stroke technique.

Important Notes:
- Participants should be dressed in their swim attire and ready to enter the pool at the start of the program.
- Advanced swim programs may require instructor approval before enrolling.

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Aquatics

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Aquatics

DIVE INTO FUN!
Swim Lessons - Beginner

FVSRA swim instructors have extensive experience helping individuals with disabilities improve their water skills. Laura will work with your current swim level to increase independence and confidence in the water. Spaces are limited, so sign up early to ensure a spot.

Note: Swim instruction for Beginner Lessons will take place in the pool and include physical support when needed.

The goals of this program are to learn safety skills, gain confidence in and around the water and develop motor skills while learning to swim.

Swim Lessons - Beginner

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FVSRA swim instructors have extensive experience helping individuals with disabilities improve their water skills. Laura will work with your current swim level to increase independence and confidence in the water. Spaces are limited, so sign up early to ensure a spot.

Note: Swim instruction for Beginner Lessons will take place in the pool and include physical support when needed.

The goals of this program are to learn safety skills, gain confidence in and around the water and develop motor skills while learning to swim.

Swim Skills

Dive in for swim skills sessions focused on building endurance and mastering techniques for various strokes.

Note: This program is designed for individuals who have basic knowledge of swim strokes and can lap swim independently in the deep end of the pool.

The goal of this program is to improve endurance and technique in the sport of swimming.

Session Information

Vaughan Athletic Center, Therapy Pool, Aurora
F | 6/17 - 8/5 | 8+
4:00 - 4:30 PM | 122-7056-1-5 | $162 R / $243 NR
4:30 - 5:00 PM | 122-7056-2-5 | $162 R / $243 NR
6:00 - 6:30 PM | 122-7056-3-5 | $162 R / $243 NR
6:30 - 7:00 PM | 122-7056-4-5 | $162 R / $243 NR
7:00 - 7:30 PM | 122-7056-5-5 | $162 R / $243 NR
7:30 - 8:00 PM | 122-7056-6-5 | $162 R / $243 NR

Session Information (September)

Vaughan Athletic Center, Therapy Pool, Aurora
F | 9/2 - 9/23 | 8+
4:00 - 4:30 PM | 122-7055-1-5 | $82 R / $123 NR
4:30 - 5:00 PM | 122-7055-2-5 | $82 R / $123 NR
5:00 - 5:30 PM | 122-7055-3-5 | $82 R / $123 NR
5:30 - 6:00 PM | 122-7055-4-5 | $82 R / $123 NR
6:00 - 6:30 PM | 122-7055-5-5 | $82 R / $123 NR
6:30 - 7:00 PM | 122-7055-6-5 | $82 R / $123 NR
7:00 - 7:30 PM | 122-7055-7-5 | $82 R / $123 NR
7:30 - 8:00 PM | 122-7055-8-5 | $82 R / $123 NR

Session Information

Vaughan Athletic Center, Competition Pool, Aurora
F | 6/17 - 8/5 | 4:00 - 5:00 PM
8+ | 122-3050-1-4 | $82 R / $123 NR

Session Information (September)

Vaughan Athletic Center, Competition Pool, Aurora
F | 9/2 - 9/23 | 4:00 - 5:00 PM
8+ | 122-3050-2-4 | $42 R / $63 NR

REGISTER NOW

REGISTER NOW

Sensory Room

Enjoy a unique multi-sensory space and engage your senses through lights, colors, sounds, aromas, and textures.

Benefits:
- Increased balance, movement, & spatial recognition.
- Relaxation
- Improved Focus
- Cognitive, Sensory, & Motor Skill Development

Check out page 41 for more details!
Arts & Crafts

EXPAND YOUR CREATIVITY!

About Arts & Crafts Programs
These programs encourage creative expression and teach new art skills. Through step-by-step instruction, participants stay engaged and actively learn new concepts they can use in their own leisure time.

Important Notes:
- For all virtual programs, a supply list will be sent out one week prior to the start of the program.

Art in the Park
Join us as we work together to create art in the park. This artistic series combines creativity and the outdoors with projects that may include: dart art, canvas painting, pressed flower art, rock painting, and watercolors.

Note: This program will take place outside, and participants should come dressed for the weather. Snacks are included in the cost of the program.

The goal of this program is to increase fine motor coordination while exploring various art mediums.

Session Information
Mount St. Mary’s, St. Charles
F | 7/1, 7/22, 8/12 | 12:30 - 1:30 PM
16+ | 122-1080-0-4 | $36 R / $54 NR

Don't miss out!
Online registration closes May 25.

Symbols Key
- In-Person: This program takes place in-person at the location listed on the program card.
- Food: Snacks and drinks will be provided during this program.
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- Virtual: This program will take place online through Zoom. Login information will be provided.

Meet Your Coordinator
Erin Anderson, CTRS
TR Coordinator
P: (630) 907-1114 ext. 1217
M: (331) 302-8660
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Don’t miss out!
Online registration closes May 25.
**Picture Painters**
Join us for an afternoon bursting with color as we learn step-by-step how to paint a masterpiece using acrylic paint on canvas.

*Note: Runs back to back with Fit With Friends. Why not sign up for both?*

**The goal of this program is to increase fine motor coordination while practicing new painting techniques.**

**Session Information**
FVSRA Multipurpose Room, Aurora
F: 6/24, 7/15, 8/5 | 2:15 - 3:15 PM
10+ | 122-1086-0-4 | $22 R / $33 NR

**Register Now**

**Sketch & Hike**
Enjoy exploring the natural summer wonders at Red Oak Nature Center with a naturalist/artist! Learn how to use bullet journaling and discover new nature drawing techniques.

*Note: Journal and drawing pencil are included in the cost of the program.*

**The goals of this program are to learn the art of bullet journaling and new drawing techniques in an outdoor setting.**

**Session Information**
Red Oak Nature Center, Batavia
Sa | 6/4, 7/2, 8/13 | 10:00 - 11:00 AM
16+ | 122-1056-0-4 | $12 R / $18 NR

**Register Now**

---

**Creative Corner**
Get creative and crafty with FVSRA as we construct different seasonal art projects.

*This FREE program (a $42 value) is made possible by the support of the Fox Valley Special Recreation Foundation.*

**Session Information**
Zoom
W | 6/15 - 8/10 | 4:00 - 4:45 PM
All Ages | 122-1003-0-5 | Free*

**Arts & Crafts**
Discover new ways to expand your creativity. In this program, we will learn how to draw with oil pastels and try our hands in ceramics!

**The goal of this program is to increase fine motor coordination while exploring various art mediums.**

**Session Information**
Lodge at Laurelwood, Batavia
Th | 6/30, 7/14 | 4:30 - 6:00 PM
16+ | 122-1094-0-4 | $20 R / $30 NR

**Register Now**

---

**Fine Arts Sampler**
Discover new ways to expand your creativity. In this program, we will learn how to draw with oil pastels and try our hands in ceramics!

**The goal of this program is to increase fine motor coordination while exploring various art mediums.**

**Session Information**
Lodge at Laurelwood, Batavia
Th | 6/30, 7/14 | 4:30 - 6:00 PM
16+ | 122-1094-0-4 | $20 R / $30 NR

**Register Now**

---

**Creative Corner**
Enjoy a unique multi-sensory space and engage your senses through lights, colors, sounds, aromas, and textures.

**Benefits:**
- Increased balance, movement, & spatial recognition.
- Relaxation
- Improved Focus
- Cognitive, Sensory, & Motor Skill Development

**Check out page 41 for more details!**

*This FREE program (a $42 value) is made possible by the support of the Fox Valley Special Recreation Foundation.*

---

**Register Now**
About Athletic Programs
Participants of all ages will have fun learning or refining athletic skills while participating in FVSRA Athletics. Athletes can enhance individual skills or participate in team sports.

Athletics Notes
- Please come dressed in clothing and shoes appropriate to specific sport.
- Always bring a water bottle to practices and games.
- Transportation will only be provided to away games.
- Athletes or teams that take first place at a regional competition will be eligible to move on to the State Competition.
- Additional fees will be applied for State Competitions.

Bowling
Bowl with friends as we aim for strikes! You will play either two games or 1.5 hours of bowling, whichever comes first.

Note: You are encouraged (but not required) to bring your own bowling ball and/or shoes.

The goal of this program is to improve bowling accuracy while providing an active social opportunity for participants.

Don’t miss out!
Online registration closes May 25.
Junior Basketball Clinic

Dribble your way into the sport of basketball! Athletes will learn basic basketball skills including dribbling, passing, shooting, court positioning, and introductory game play strategy.

The goal of this program is to learn fundamental basketball skills while working as a group to develop positive social interactions with other players.

Session Information
Vaughan Athletic Center Field House, Aurora
F | 7/15 - 8/5 | 10:00 - 11:00 AM
8 - 14 | 122-3051-0-2 | $30 R / $45 NR

Flag Football Skills

Hut, Hut, Hike! If you are new to the game of flag football or need to brush up on your skills, this program is for you! We will focus on fundamental elements of the game, teamwork, and conditioning. If you try this sport and like it, sign up for our Special Olympics Flag Football Team in the weeks to follow for a chance to compete against other SRAs!

The goal of this program is to gain knowledge and skills in the game of flag football through active participation.

Session Information*
Sperry Park, South Elgin
W | 7/6 - 7/27 | 6:30 - 7:30 PM
16+ | 122-3048-0-4 | $28 R / $42 NR

Special Olympics Flag Football

Come join FVSRA’s Special Olympics Flag Football team. Athletes will develop and improve skills and drills to execute in competitive play. Further into the season athletes will participate in games against other teams.

Tournament: Date/Location TBD

The goal of this program is to gain knowledge and skills in the game of flag football through active participation and competitive game play.

*Transportation from VAC (away games only)

Session Information*
Sperry Park, South Elgin
W | 8/3 - 9/14 | 6:00 - 7:30 PM
16+ | 122-3017-0-4 | $86 R / $129 NR

Special Olympics Bocce

Participate in Bocce, a sport that requires skill, strategy and just a little bit of luck. You will practice and prepare to compete in the Special Olympics District Tournament.

Tournament: 9/10 at Grant Park, Northlake
The goal of the program is to learn the basic rules of Bocce through participation in skill-based drills and games.

*Transportation from VAC (tournament date only)

Session Information*
Harmony Pointe Park, Aurora
Th | 7/14 - 9/8 | 4:15 - 5:15 PM
8+ | 122-3006-0-4 | $58 R / $87 NR

Special Olympics Golf

Tee it high and let it fly! Swing into action while developing and improving the knowledge and skills needed for this lifelong leisure sport. Athletes may choose Skills, Unified, or 3-6-9 play. Coaches will help athletes select which event is most appropriately matched to their skill level.

Unified Tournament: 7/11 at Randall Oaks
Skills Tournament: 8/2 at Springbrook
3-6-9 Hole Tournament: 7/18 at Bartlett Hills

Note: Athletes must provide their own golf clubs. Please contact LexiM@fvsra.org for information about renting equipment through the Dr. Kelly Resource Library.

The goal of this program is to improve golf skills through participation in skill-based drills that focus on gross and fine motor coordination.

Session Information (North)*
Pottawatomie Golf Course, St. Charles
M | 6/6 - 7/25 | 6:00 - 7:30 PM
8+ | 122-3044-1-4 | $194 R / $291 NR

Session Information (South)*
Fox Bend Golf Course, Oswego
Th | 6/9 - 7/28 | 6:00 - 7:30 PM
8+ | 122-3044-2-4 | $194 R / $291 NR

*No session Monday, 7/4 and Thursday, 7/7
**Transportation from VAC (tournament date only)

Family Fun Day

Join your FVSRA friends for an end of summer bash. We will have a variety of carnival style games, inflatables, prizes, a food truck, and more! This family event will be fun for all ages.

SATURDAY, AUGUST 13 | 11:00 AM - 2:00 PM
Visit page 24 for more details.

Tee it high and let it fly! Swing into action while developing and improving the knowledge and skills needed for this lifelong leisure sport. Athletes may choose Skills, Unified, or 3-6-9 play. Coaches will help athletes select which event is most appropriately matched to their skill level.

Unified Tournament: 7/11 at Randall Oaks
Skills Tournament: 8/2 at Springbrook
3-6-9 Hole Tournament: 7/18 at Bartlett Hills

Note: Athletes must provide their own golf clubs. Please contact LexiM@fvsra.org for information about renting equipment through the Dr. Kelly Resource Library.

The goal of this program is to improve golf skills through participation in skill-based drills that focus on gross and fine motor coordination.

Session Information (North)*
Pottawatomie Golf Course, St. Charles
M | 6/6 - 7/25 | 6:00 - 7:30 PM
8+ | 122-3044-1-4 | $194 R / $291 NR

Session Information (South)*
Fox Bend Golf Course, Oswego
Th | 6/9 - 7/28 | 6:00 - 7:30 PM
8+ | 122-3044-2-4 | $194 R / $291 NR

*No session Monday, 7/4 and Thursday, 7/7
**Transportation from VAC (tournament date only)

REGISTER NOW

FVSRA Family Fun Day
Join your FVSRA friends for an end of summer bash. We will have a variety of carnival style games, inflatables, prizes, a food truck, and more! This family event will be fun for all ages.

SATURDAY, AUGUST 13 | 11:00 AM - 2:00 PM
Visit page 24 for more details.

JOIN YOUR FVSRA FRIENDS FOR AN END OF SUMMER BASH. WE WILL HAVE A VARIETY OF CARNIVAL STYLE GAMES, INFLATABLES, PRIZES, A FOOD TRUCK, AND MORE! THIS FAMILY EVENT WILL BE FUN FOR ALL AGES.
Special Olympics Volleyball

Bump, set, spike! This exciting team sport will challenge you to practice and execute your volleyball skills as you compete throughout the season.

Note: Register for Staff/Family vs Stars Volleyball for a fun end of season game!

Tournaments: SO Regional TBD at York High school; TR Section 10/2 at TBD

The goal of this program is to improve individual team skills in the sport of volleyball.

Register Now

Session Information (North)*
Haines Gymnasium, St. Charles
Tu | 7/16 - 8/25 | 6:30 - 8:00 PM
Th | 8/18 - 8/25 | 6:30 - 8:00 PM
15+ | 122-3003-1-4 | $180 R / $270 NR

Session Information (South)*
Location TBD
Tu | 8/16 - 9/27 | 6:30 - 8:00 PM
Th | 8/18 - 8/25 | 6:30 - 8:00 PM
15+ | 122-3003-2-4 | $180 R / $270 NR

*Transportation from VAC & GEN (away games only)

Volleyball Skills

If you are new to the sport of volleyball or need to brush up on your skills, this program is for you! We will focus on fundamental elements of the game, teamwork, and conditioning. If you try this sport and like it, sign up for our Special Olympics Volleyball Team in the weeks to follow for a chance to compete against other SRAs!

The goal of this program is to gain knowledge and skills in the sport of volleyball.

Register Now

Session Information
Vaughan Athletic Center, Aurora
Th | 7/21 - 8/11 | 7:00 - 8:00 PM
8+ | 122-3056-0-2 | $28 R / $42 NR

Youth Soccer Skills

Dribble, pass, trap, and shoot your way to a new skill this summer. This program will teach basic skills that are essential to development in the sport of soccer.

The goal of this program is to increase endurance and coordination through development of skills in the sport of soccer.

Register Now

Session Information
Harmony Pointe Park, Aurora
Th | 6/14 - 8/11 | 5:15 - 6:15 PM
5-12 | 122-3043-0-2 | $62 R / $93 NR

Competition Schedule & Details

SO Paperwork Requirements
Specific and time-sensitive paperwork is required for Special Olympics participation. Please note dates listed in event grid indicating due dates. MedForm and Athlete Consent Form can be found by scanning QR codes to the right, visiting www.fvsra.org, or visiting www.soill.org. Please reach LexiM@fvsra.org with questions.

<table>
<thead>
<tr>
<th>Sport/Event</th>
<th>Date</th>
<th>Location</th>
<th>MedForm</th>
<th>Deadline</th>
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<tr>
<td>State Summer Games</td>
<td>June 17-19</td>
<td>Illinois State University, Bloomington</td>
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<td>May 17</td>
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<tr>
<td>Tennis</td>
<td>June 25</td>
<td>Metea High School, Naperville</td>
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<td>May 25</td>
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<tr>
<td>Unified Golf</td>
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<td>June 9</td>
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<tr>
<td>3-6-9 Golf</td>
<td>July 18</td>
<td>Bartlett Hills Golf Course, Bartlett</td>
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<td>June 27</td>
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<tr>
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<td>June 23</td>
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<tr>
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<td>Lincoln Sports Complex, Springfield</td>
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<td>Flag Football</td>
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<td>TBD</td>
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<td>Bocce</td>
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<td>Grant Park, Northlake</td>
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<td>York High School, Elmhurst</td>
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<td>Stardust Bowl, Addison</td>
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<td>September 14</td>
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<td>Landmark Lanes, Peoria</td>
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<td>November 1</td>
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Follow us on Facebook @FVSRA
2022 Summer Program Guide
**Events & Trips**

**Take Me Out to the Ball Game!**

### Bags & BBQ

Let’s get outside and take in those summer sunshine rays. FVSRA staff will grill hot dogs and hamburgers while you enjoy a game or two of bean bag toss with your friends.

**Note:** Lunch is included in the cost of the program.

The goal of this program is to provide an opportunity for socialization with peers.

### Barn Dance

Dust off the ol’ boots and be ready for a good time as we boot scoot and boogie at the annual Barn Dance.

**Note:** Snacks are included in the cost of the program.

The goal of this program is to provide an opportunity for socialization with peers.

---

**Session Information**

**Harmony Pointe Park, Aurora**
- Sa | 7/16 | 11:30 AM - 1:00 PM
- 16+ | 122-2074-0-4 | $18 R / $27 NR

**Session Information**

**Prisco Community Center, Aurora**
- F | 6/24 | 5:30 - 7:00 PM
- 15+ | 122-2024-0-4 | $18 R / $27 NR

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**Symbols Key**

- **In-Person** This program takes place in-person at the location listed on the program card.
- **Food** Snacks and drinks will be provided during this program.
- **Money** A suggested dollar amount is given if the participant wishes to make a purchase.
- **Shoes** This program requires participants to keep walking pace with the group and is not recommended for those who have mobility limitations.
- **Transportation** Transportation will be provided to and/or from designated pick up locations.
- **Virtual** This program will take place online through Zoom. Login information will be provided.

**Meet Your Coordinator**

Jennifer Wisneski, CTRS
Outreach Coordinator
P: (630) 907-1114 ext. 1210
M: (630) 330-6470
E: JenniferW@fvsra.org

Registration is now online!
FVSRA uses an online recreation system that allows you to search, filter, and sign up for programs easily. Please visit www.fvsra.org/registration to get started!

**Don’t miss out!**
Online registration closes May 25.

---

**About Events & Trips**

Our special events and trips provide opportunities to visit and experience new and unique places while promoting independence and building positive relationships with peers. On all overnight trips, participants are responsible for carrying out daily routines independently and must be able to keep pace and stay with the group and participate at a 1:6 staff-to-participant ratio.

**Important Notes:**
- Please bring the dollar amount listed in the bill icon next to the program, when applicable.
- Unless otherwise noted, transportation for trips will depart from the FVSRA office.
- If medication will be administered during the program, please turn in the Permission to Dispense Medication Form and the medications prior to the program. This form can be found on our website under the “About” tab, then by clicking on “Forms,” or by calling the FVSRA Office.

**Don’t miss out!**
Online registration closes May 25.

**Events & Trips**

FVSRA uses an online recreation system that allows you to search, filter, and sign up for programs easily. Please visit www.fvsra.org/registration to get started!

**Don’t miss out!**
Online registration closes May 25.
**Cougar’s Suite Party**
Spend a night watching America’s favorite pastime at the Kane County Cougars! The group will sit comfortably in a private suite with plenty of space for socialization and cheering on the Cougars.

*Note: Food is included in the cost of the program.*

The goal of this program is to increase socialization among peers.

---

**Day Trip: Northern Illinois Adventures**
Travel with us for a visit to the beautiful shoreline of Lake Michigan at Illinois State Beach. The group will walk along the shoreline, participate in beach activities, then drive to Shirl’s Drive In to play mini golf and enjoy an afternoon dessert. The day will conclude with a visit to The Temple Lipizzians Farm for a unique show experience with trained horses.

*Note: All food and activities are included in the cost of the program. Program times include transportation to and from Waukegan.*

---

**Digital Dance Party**
Get ready to move your body and have some fun as we spin the beats at FVSRA’s Digital Dance Party.

The goal of this program is to provide an opportunity for individuals to express themselves through dance and music.

---

**Disc Golf & Lunch**
Disc golf is an outdoor activity that combines elements of frisbee and golf. Join us for a fun afternoon of disc golf and a picnic lunch.

*Note: Food is included in the cost of the program.*

The goal of this program is to provide an opportunity for socialization with peers while participating in a fun activity in the community.

---

**Session Information**

**Northwestern Medicine Field, Geneva**

Sæ | 8/6 | 6:00 - 10:00 PM  
18+ | 122-2010-0-4 | $58 R / $87 NR

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**Session Information**

**Zoom**

F | 6/10, 7/15, 8/12 | 7:00 - 7:30 PM  
8+ | 122-1505-0-4 | Free*  

*This FREE program (a $12 value) is made possible by the support of the Fox Valley Special Recreation Foundation.*

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**Session Information**

**James O. Breen Community Park, St. Charles**

Th | 6/23 | 11:00 AM - 1:00 PM  
16+ | 122-2047-0-4 | $24 R / $36 NR

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**Session Information**

**James O. Breen Community Park, St. Charles**

Th | 6/23 | 11:00 AM - 1:00 PM  
16+ | 122-2047-0-4 | $24 R / $36 NR

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**Session Information**

**TBD, South Elgin**

Sa | 8/13 | 11:00 AM - 2:00 PM  
All Ages | Registration Not Required | Free

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**Session Information**

**Riverview Mini Golf Course, St. Charles**

Th | 7/28 | 11:00 AM - 1:00 PM  
16+ | 122-2036-0-4 | $24 R / $36 NR

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*Transportation from VAC and OSW*
**Waterpark Fun**

We are heading to Otter Cove for some fun in the sun. Our afternoon will be filled with swimming, splashing and sliding down the water slides.

**Note:** Lunch will be provided. You may bring additional money for concessions.

The goal of this program is to provide an opportunity for socialization with peers while participating in fun activity in the community.

**Session Information**

Otter Cove, St. Charles  
Th | 7/21 | 11:00 AM - 3:00 PM  
18+ | 122-2041-0-4 | $38 R / $57 NR

---

**Virtual Vacation**

Let’s take a virtual backpacking trip to Europe with FVSRA staff as your tour guide.

The goal of this program is to explore landmarks and popular destinations while learning facts about Europe.

**Session Information**

Zoom  
F | 7/22, 7/29 | 6:00 - 6:45 PM  
16+ | 122-2515-0-4 | Free*

*This FREE program (a $12 value) is made possible by the support of the Fox Valley Special Recreation Foundation.

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**Movie In The Park**

Join us as we team up with South Elgin Parks & Rec to enjoy a movie in the park!

**Note:** Please bring a blanket or chair to sit on.

The goal of this program is to provide an opportunity for socialization with peers while participating in a fun activity in the community.

**Session Information**

Panton Mill Park, South Elgin  
F | 8/5 | Dusk (Est. 7:45 PM Start)  
All Ages | 122-2044-0-5 | $12 R / $18 NR

---

**Sensory Room**

Enjoy a unique multi-sensory space and engage your senses through lights, colors, sounds, aromas, and textures.

**Benefits:**

- Increased balance, movement, & spatial recognition.
- Relaxation
- Improved Focus
- Cognitive, Sensory, & Motor Skill Development

Check out page 41 for more details!
Fitness & Wellness

IT'S TIME TO TRAIN!

Fitness & Wellness

• Fit From Home
  - Let's get up, get moving, and get creative with some at-home fitness routines! This program focuses on all elements of fitness, including cardio, strength, core, and even some education!
  - Note: Some weeks will incorporate strength-building exercises. Access to light hand weights or use of canned goods or water bottles as substitutes are encouraged.
  - The goals of this program are to improve physical fitness through a variety of exercises, increase knowledge of how to safely exercise at home, and provide an educational element related to fitness.

  *This FREE program (a $40 value) is made possible by the support of the Fox Valley Special Recreation Foundation.

  Session Information
  - Zoom
  - W | 6/15 - 8/10 | 3:00 - 3:45 PM
  - 8+ | 122-6502-0-4 | Free*

• Fit With Friends
  - Let's get up, get moving, and get stronger together.
  - This program focuses on all elements of fitness including cardio, strength and core.
  - The goals of this program are to increase cardiovascular endurance and improve muscular and core strength.

  Session Information
  - Vaughan Athletic Center, Fitness Center, Aurora
  - F | 6/17 - 8/12 | 3:30 - 4:30 PM
  - 16+ | 122-6005-0-4 | $70 R / $105 NR

*Transportation from GEN and OSW

Registration is now online!
FVSRA uses an online recreation system that allows you to search, filter, and sign up for programs easily. Please visit www.fvsra.org/registration to get started!

Meet Your Coordinators

Brian Houzenga, CTRS
Support Staff Manager
P: (630) 907-1114 ext. 1209
M: (630) 742-5577
E: BrianH@fvsra.org

Lexi Masterson, CTRS, MS
Athletics Coordinator
P: (630) 907-1114 ext. 1208
M: (630) 433-1924
E: LexiM@fvsra.org

Registration is now online! FVSRA uses an online recreation system that allows you to search, filter, and sign up for programs easily. Please visit www.fvsra.org/registration to get started!

Heroes in Health

Free Services for Qualified Veterans
Qualified veterans may access professionally trained personal trainers that focus on veteran culture, PTSD, MPT, injuries, and illness specific to veterans and adaptive equipment.

How do I sign up?
To see if you qualify and to join the program, contact Brian, our Heroes in Health Coordinator, at BrianH@fvsra.org or (630) 907-1114 ext. 1209.

A Veteran Wellness Program at Vaughan Athletic Center

Program Includes:
- One year of free fitness, aquatic, and locker room membership. Your “battle buddy” tags along for free!
- After your introductory year, continue to receive a discounted membership.
- 2 personal training sessions with a Heroes in Health certified trainer.
- Get mentoring, peer support, and connect with other veteran organizations.

Heroes in Health Program Includes:
- One year of free fitness, aquatic, and locker room membership. Your “battle buddy” tags along for free!
- After your introductory year, continue to receive a discounted membership.
- 2 personal training sessions with a Heroes in Health certified trainer.
- Get mentoring, peer support, and connect with other veteran organizations.

Please contact Brian or Lexi, your program coordinators, with any questions that you may have.
Fitness & Wellness

Mindfulness Mornings

Start your day off on a positive note. Learn how to quiet your mind and bring focus to your body through a series of mindfulness exercises and gentle stretching. You will have the opportunity to share your joys and challenges, learn different mindfulness techniques, and reflect on ways to incorporate these techniques throughout your day.

The goals of this program are to learn mindfulness techniques and to practice how to emotionally support your peers.

Session Information*

Zoom
Sa | 6/18 - 8/13 | 10:30 - 11:15 AM
16+ | 122-6504-0-4 | Free**

Personal Training

Get in shape under the individual guidance of a certified personal trainer. You will follow a training plan and utilize various fitness equipment based on the trainer’s assessment.

Note: Personal training sessions are 60 minutes in duration for 10 sessions. FVSRA will contact registrants in order of registration received to schedule a time slot. For more information, please contact Brian Houzenga at (630) 907-1114 extension 1209.

The goal of this program is to meet individual fitness goals (improved cardiovascular endurance, muscular strength or endurance, gross motor skills, etc.) through an individualized workout plan.

Session Information*

Zoom
Sa | 6/18 - 8/13 | 10:30 - 11:15 AM
16+ | 122-6504-0-4 | Free**

Walking Club

Gear up for a great cardio workout as we challenge ourselves and cheer each other on to beat each week’s laps or step count through brisk walking.

Note: Runs back to back with Supper club. Why not sign up for both?

The goal of this program is to improve cardiovascular endurance.

Session Information (North)
Stephen D. Persinger Center, Geneva
M | 6/13, 6/27, 7/11, 7/25, 8/8 | 4:30 - 5:30 PM
18+ | 122-6010-1-4 | $42 R / $63 NR

Session Information (South)
Vaughan Athletic Center, Walking Track, Aurora
M | 6/13, 6/27, 7/11, 7/25, 8/8 | 4:30 - 5:30 PM
18+ | 122-6010-2-4 | $42 R / $63 NR

REGISTER NOW
Water Aerobics

Get ready for this low-impact water workout. We will use weights and the natural resistance of the water while running in place and performing various aerobic exercises.

Note: This program is for independent swimmers.

The goal of this program is to improve muscle tone, flexibility, balance, and cardiovascular endurance.

Eligibility: FVSRA residents and immediate family members residing in the same household

New Members: Visit the FVSRA office and ask for the Membership Agreement form. All registrations and payment will be processed through the Fox Valley Park District (FVPD).

Returning Members: Visit the Vaughan Athletic Center Membership Services desk to reinstate your membership.

To learn more about the Vaughan Athletic Center’s facility hours, class schedules, or amenity options, visit https://www.foxfitness.info/.

Contact Brian Houzenga at BrianH@FVSRA.org for questions on how to sign up.

All membership sales are final and ineligible to receive a refund. You will not be reimbursed for months not used.

Session Information

Vaughan Athletic Center, Therapy Pool, Aurora
F | 6/17 - 8/5 | 5:00 - 5:45 PM
18+ | 122-6011-0-4 | $46 R / $69 NR

*No session Friday, 6/24

REGISTER NOW

Sit and Be Fit

Just because it’s seated doesn’t mean you won’t sweat! Our instructor will lead you through a variety of exercises that will increase your endurance, strength, and flexibility.

The goal of this program is to improve cardiovascular endurance, muscular strength, and flexibility through low-impact exercise.

Eligibility: FVSRA residents and immediate family members residing in the same household

New Members: Visit the FVSRA office and ask for the Membership Agreement form. All registrations and payment will be processed through the Fox Valley Park District (FVPD).

Returning Members: Visit the Vaughan Athletic Center Membership Services desk to reinstate your membership.

To learn more about the Vaughan Athletic Center’s facility hours, class schedules, or amenity options, visit https://www.foxfitness.info/.

Contact Brian Houzenga at BrianH@FVSRA.org for questions on how to sign up.

All membership sales are final and ineligible to receive a refund. You will not be reimbursed for months not used.

Session Information

Zoom
Tu | 6/14 - 8/9 | 10:30 - 11:00 AM
8+ | 122-6506-0-4 | Free*

*This FREE program (a $32 value) is made possible by the support of the Fox Valley Special Recreation Foundation.

REGISTER NOW

Beginner Strength & Conditioning

This fitness program is high energy and will keep everyone in their best shape as they work with free weights, barbells, and cardio equipment.

Participants may sign up for Beginner Strength and Conditioning or Advanced Strength and Conditioning, but not both. Instructor approval may be required to enroll.

The goals of this program are to increase independence in fitness and introduce beginner skill-based fitness movements involving cardio and weightlifting equipment.

Eligibility: FVSRA residents and immediate family members residing in the same household

New Members: Visit the FVSRA office and ask for the Membership Agreement form. All registrations and payment will be processed through the Fox Valley Park District (FVPD).

Returning Members: Visit the Vaughan Athletic Center Membership Services desk to reinstate your membership.

To learn more about the Vaughan Athletic Center’s facility hours, class schedules, or amenity options, visit https://www.foxfitness.info/.

Contact Brian Houzenga at BrianH@FVSRA.org for questions on how to sign up.

All membership sales are final and ineligible to receive a refund. You will not be reimbursed for months not used.

Session Information

Stephen D. Persinger Center, Geneva
Th | 6/16 - 8/11 | 3:30 - 4:30 PM
18+ | 122-6008-0-4 | $44 R / $96 NR

REGISTER NOW

Advanced Strength & Conditioning

This advanced fitness program is high energy and will keep everyone in their best shape as they work with free weights, barbells, and cardio equipment.

Note: This class is designed for advanced and independent exercisers and will move at a fast pace. Instructor approval may be required before starting. Beginner strength and conditioning is suggested for participants with less experience. Participants may sign up for Advanced Strength and Conditioning or Beginner Strength and Conditioning, not both.

The goals of this program are to increase independence in fitness and introduce advanced skill-based fitness movements involving cardio and weightlifting equipment.

Eligibility: FVSRA residents and immediate family members residing in the same household

New Members: Visit the FVSRA office and ask for the Membership Agreement form. All registrations and payment will be processed through the Fox Valley Park District (FVPD).

Returning Members: Visit the Vaughan Athletic Center Membership Services desk to reinstate your membership.

To learn more about the Vaughan Athletic Center’s facility hours, class schedules, or amenity options, visit https://www.foxfitness.info/.

Contact Brian Houzenga at BrianH@FVSRA.org for questions on how to sign up.

All membership sales are final and ineligible to receive a refund. You will not be reimbursed for months not used.

Session Information

Vaughan Athletic Center Fitness Studio, Aurora
M | 6/13 - 8/8 | 3:30 - 4:30 PM
18+ | 122-6017-0-4 | $64 R / $96 NR

REGISTER NOW

Beginner Strength & Conditioning

This fitness program is high energy and will keep everyone in their best shape as they work with free weights, barbells, and cardio equipment.

Participants may sign up for Beginner Strength and Conditioning or Advanced Strength and Conditioning, but not both. Instructor approval may be required to enroll.

The goals of this program are to increase independence in fitness and introduce beginner skill-based fitness movements involving cardio and weightlifting equipment.

Eligibility: FVSRA residents and immediate family members residing in the same household

New Members: Visit the FVSRA office and ask for the Membership Agreement form. All registrations and payment will be processed through the Fox Valley Park District (FVPD).

Returning Members: Visit the Vaughan Athletic Center Membership Services desk to reinstate your membership.

To learn more about the Vaughan Athletic Center’s facility hours, class schedules, or amenity options, visit https://www.foxfitness.info/.

Contact Brian Houzenga at BrianH@FVSRA.org for questions on how to sign up.

All membership sales are final and ineligible to receive a refund. You will not be reimbursed for months not used.

Session Information

Vaughan Athletic Center, Therapy Pool, Aurora
F | 6/17 - 8/5 | 5:00 - 5:45 PM
18+ | 122-6011-0-4 | $46 R / $69 NR

*No session Friday, 6/24

REGISTER NOW
Bingo (In-Person)

B-I-N-G-O! Join your friends at FVSRA in playing one of our favorite games. We will complete several rounds of Bingo, playing both traditional games and variations such as four corners and coverall.

Note: Runs back to back with Food & Movie Night. Why not sign up for both?

The goal of this program is to improve number and letter recognition while using fine motor skills.

Session Information
Sportsplex, St. Charles
Sa | 7/9, 7/30, 8/13 | 3:45 - 4:45 PM
16+ | 122-1004-0-4 | $16 R / $24 NR

Bingo (Virtual)

B-I-N-G-O! Join your friends at FVSRA in playing one of our favorite games from the comfort of your own home. We will complete several rounds of Bingo, playing both traditional games and variations such as four corners and coverall.

Note: Bingo cards will be sent by email and can be played directly from the computer screen (no need to print out). If you prefer to play with a physical card, you can print them out at home. Due to the popularity and size of this program, participants will remain muted during gameplay.

The goal of this program is to improve number and letter recognition while using fine motor skills.

Session Information
Zoom
Th | 6/16 - 8/11 | 6:30 - 7:15 PM
16+ | 122-1501-0-4 | Free
Chicago Cubs Watch Party

Let's go Cubs! Cheer on your favorite baseball team in the comfort of the indoors. Wear your favorite jersey or team colors. Fans will enjoy a ballpark-style meal.

Note: Food is included in the cost of the program.

The goal of this program is to provide an opportunity for socialization with peers while watching a sporting game.

Session Information (North)
Sportsplex, St. Charles
Sa | 6/18 | 1:00 - 4:30 PM
18+ | 122-2094-1-4 | $30 R / $45 NR

Session Information (South)
FVSRA Multipurpose Room, Aurora
Sa | 6/18 | 1:00 - 4:30 PM
18+ | 122-2094-2-4 | $30 R / $45 NR

Chicago White Sox Watch Party

Go-Go White Sox! Cheer on your favorite baseball team in the comfort of the indoors. Wear your favorite jersey or team colors. Fans will enjoy a ballpark-style meal.

Note: Food is included in the cost of the program.

The goal of this program is to provide an opportunity for socialization with peers while watching a sporting game.

Session Information (North)
Sportsplex, St. Charles
Sa | 6/18 | 1:00 - 4:30 PM
18+ | 122-2094-1-4 | $30 R / $45 NR

Session Information (South)
FVSRA Multipurpose Room, Aurora
Sa | 6/18 | 1:00 - 4:30 PM
18+ | 122-2094-2-4 | $30 R / $45 NR

Cinema Cruisers

Watch the latest releases unfold on the big screen with friends.

Note: The program time varies. Please contact the FVSRA office for movie and transportation times two days prior to the program. Movie ticket is included in the cost of the program. Please bring money for concessions.

The goal of this program is to provide an opportunity to engage in a fun activity in the community.

Session Information*
Tinseltown, North Aurora
W | 6/22, 7/20, 8/10 | 5:00 - 8:30 PM
18+ | 122-1006-0-4 | $76 R / $114 NR

Coffee Club

See what’s brewing with friends, new and old, during this morning-time social program. Grab your favorite mug, pour yourself some coffee (or favoriite beverage), and start your day with us.

The goal of this program is to practice appropriate peer interactions through turn-taking, active listening and conversation.

Session Information*
Zoom
M | 6/13 - 8/8 | 9:30 - 10:00 AM
16+ | 122-1502-0-4 | Free

Concert in the Park

Join us for a night of music and fun at Batavia’s River Rhapsody Summer Concert Series.

Note: Please bring lawn chair or blanket to sit on.

The goal of this program is to provide an opportunity to engage in a fun activity in the community.

Session Information*
Batavia River Walk, Batavia
W | 6/15, 6/29, 7/13, 7/27 | 6:30 - 8:00 PM
18+ | 122-1043-0-4 | $20 R / $30 NR

Aktion Club

Are you looking for opportunities to get involved in your community? Then Aktion Club is a place for you! We will meet in-person to plan out and complete different service projects. Aktion Club is an international program supported by over half a million members of Kiwanis International. The club supports the core values of character building, leadership, inclusiveness, and caring throughout all members.

Note: This program is best for individuals who require minimal staff prompts to complete service projects.

The goal of the program is to increase community awareness through active participation and meaningful volunteer opportunities.

Session Information
FVSRA Multipurpose Room, Aurora
M | 6/29, 7/18, 8/17 | 4:30 - 5:30 PM
18+ | 122-1003-0-4 | $22 R / $33 NR
**Food Truck Wednesdays**

Food Trucks are taking over Panton Mill Park in South Elgin! Come and grab a bite to eat from a variety of different local food vendors and picnic with your friends.

Note: This program takes place outside. Please dress for the weather and bring your own beverage along with $20 to purchase lunch.

The goal of this program is to provide an opportunity to engage in a fun activity in the community.

*Transportation from VAC, OSW, and GEN

**Session Information**

Panton Park, South Elgin
W | 6/15, 6/29, 7/20, 8/3 | 11:30 AM - 1:00 PM
18+ | 122-1133-0-4 | $34 R / $51 NR

**Rec Club (In-Person)**

Get together with your friends for dinner and a variety of activities.

Note: Dinner is included in the cost of the program.

The goal of this program is to practice appropriate social skills with peers.

*Transportation from OSW and VAC

**Session Information**

Sunset Community Center, Geneva
Th | 6/16 - Concert in the Park | 6:30 - 8:30 PM
Th | 7/7 - Mini Golfing | 5:30 - 7:30 PM
Th | 7/28 - Lawn Games | 5:30 - 7:30 PM
18+ | 122-1072-0-4 | $84 R / $126 NR

**Rec Club (Virtual)**

Don't miss your chance to catch up with old friends and make new ones in our Rec Clubs. During the program, participants will get the chance to assist staff with planning the activities each week!

The goal of this program is to provide an opportunity for socialization with peers.

*This FREE program (a $22 value) is made possible by the support of the Fox Valley Special Recreation Foundation.

**Session Information**

Location: Stephen D. Persinger Center, Geneva
W | 6/15, 6/29, 7/13, 7/27, 8/10 | 5:00 - 6:00 PM
16+ | 122-1097-0-4 | $42 R / $63 NR

**Game Night**

Enjoy a night playing a variety of different card, board, dice, and lawn games.

The goal of this program is to provide an opportunity for socialization with peers in a semi-competitive environment.

**Session Information**

Location: Stephen D. Persinger Center, Geneva
W | 6/22, 7/6, 7/20, 8/3 | 4:30 - 5:15 PM
18+ | 122-1059-0-4 | Free*

**Supper Club**

Supper Club is your chance to enjoy a catered dinner and catch up with friends, old and new!

Note: Runs back to back with Walking Club. Why not sign up for both? Dinner is included in the cost of the program.

The goals of this program are to increase socialization with peers and increase independence in selecting food choices.

*Transportation from OSW (Supper Club South only)

**Session Information**

Location: Stephen D. Persinger Center, Geneva
M | 6/13, 6/27, 7/11, 7/25, 8/8 | 5:45 - 6:45 PM
18+ | 122-1008-1-4 | $85 R / $126 NR

**Session Information (North)**

FVSRA, Multipurpose Room, Aurora
M | 6/13 - 8/8 | 5:45 - 6:45 PM
18+ | 122-1008-2-4 | $130 R / $195 NR

**Session Information (South)**

FVSRA, Multipurpose Room, Aurora
M | 6/13 - 8/8 | 5:45 - 6:45 PM
18+ | 122-1008-2-4 | $130 R / $195 NR

**Trivia Tuesday**

Get your thinking cap ready and join us for a night of trivia. Each session, we will feature different topics such as movies, animals, pop culture, and more!

The goal of this program is to provide an opportunity to socialize with peers in a semi-competitive environment.

*This FREE program (a $24 value) is made possible by the support of the Fox Valley Special Recreation Foundation.

**Session Information**

Zoom
Tu | 6/14, 6/28, 7/12, 7/26, 8/9 | 4:30 - 5:15 PM
16+ | 122-1146-0-3 | Free*

**Session Information**

Food Trucks are taking over Panton Mill Park in South Elgin! Come and grab a bite to eat from a variety of different local food vendors and picnic with your friends.

Note: This program takes place outside. Please dress for the weather and bring your own beverage along with $20 to purchase lunch.

The goal of this program is to provide an opportunity to engage in a fun activity in the community.

*Transportation from VAC, OSW, and GEN

Social

**Session Information**

Panton Park, South Elgin
W | 6/15, 6/29, 7/20, 8/3 | 11:30 AM - 1:00 PM
18+ | 122-1133-0-4 | $34 R / $51 NR

**Session Information**

Location: Stephen D. Persinger Center, Geneva
W | 6/15, 6/29, 7/13, 7/27, 8/10 | 5:00 - 6:00 PM
16+ | 122-1097-0-4 | $42 R / $63 NR

**Session Information**

Zoom
Tu | 6/14, 6/28, 7/12, 7/26, 8/9 | 4:30 - 5:15 PM
16+ | 122-1146-0-3 | Free*

**Session Information**

Location: Stephen D. Persinger Center, Geneva
W | 6/15, 6/29, 7/13, 7/27, 8/10 | 5:00 - 6:00 PM
16+ | 122-1097-0-4 | $42 R / $63 NR

**Session Information**

Zoom
Tu | 6/14, 6/28, 7/12, 7/26, 8/9 | 4:30 - 5:15 PM
16+ | 122-1146-0-3 | Free*
GONE FISHIN’!

Derby Dash

And they’re off! Join us for a game of Derby Dash. Each player will select their horse and take turns rolling dice to see if their pick will be the first one to cross the finish line. A full description of gameplay will be reviewed at the beginning of the program.

Note: Participants are encouraged to have two six-sided dice to play. For those who do not have access to dice, staff will facilitate using virtual dice.

The goal of this program is to provide an opportunity to socialize with peers in a semi-competitive environment.

Session Information

Zoom
Tu | 6/21 | 6:00 - 7:00 PM
16+ | 122-2098-0-4 | Free*

Farm Fresh Cooking

Learn about growing fresh food and turning it into delicious meals at Farmhouse School. These sessions will include time in the gardens, harvesting a bounty of summer fruits, vegetables, herbs and edible flowers. Then get hands-on instruction in the teaching kitchen that will cover knife skills, nutrition, cooking techniques, measuring, reading and adapting recipes.

Note: Program is designed for participants able to assist with meal preparation with limited staff assistance.

The goal of this program is to build confidence in the kitchen by learning basic cooking skills and recipes.

Session Information

Farmhouse School, Campton Hills
Th | 6/23, 7/14, 8/4 | 5:30 - 7:30 PM
20+ | 122-1033-0-4 | $132 R / $198 NR

Gone Fishin’

Pair up with the Fox Valley Anglers and South Elgin Parks and Recreation Department for a fun-filled day of fishing.

Note: This program takes place outside. Please dress for the weather and bring your own fishing poles. Contact JenniferW@fvsra.org to learn about equipment rental through the Dr. Kelly Resource Library. Food is included in the cost of the program.

The goal of this program is to improve basic fishing skills.

Session Information

7/27: Grunwald Forest Preserve, Elburn
Tu & W | 7/27, 8/2 | 10:00 AM - 1:00 PM
18+ | 122-1077-0-4 | $58 R / $87 NR

*This FREE program (an $8 value) is made possible by the support of the Fox Valley Special Recreation Foundation.

Meet Your Coordinators

Erin Anderson, CTRS
TR Coordinator
P: (630) 907-1114 ext. 1217
M: (331) 302-8660
E: ErinA@fvsra.org

Rania Samawi, CTRS, MS
TR Coordinator
P: (630) 907-1114 ext. 1219
M: (630) 433-1082
E: RaniaS@fvsra.org

Registration is now online!

FVSRA uses an online recreation system that allows you to search, filter, and sign up for programs easily. Please visit www.fvsra.org/registration to get started!

Please contact Erin or Rania, your program coordinators, with any questions that you may have.
** Hungry Hikers

Work up your appetite with FVSRA's Hungry Hikers program. You will enjoy hiking through the woods and work together to complete a nature scavenger hunt.

Note: A picnic lunch is included in the cost of the program.

The goals of this program are to provide an opportunity for socialization and low-impact fitness in an outdoor setting.

*Transportation from VAC, OSW, and GDN

** Session Information*

16+ | 122-1031-0-4 | $86 R / $129 NR

- **Oakhurst Forest Preserve, Aurora**
  - Tu | 6/21 | 11:00 AM - 1:00 PM
- **Bliss Woods Forest Preserve, Sugar Grove**
  - Tu | 7/12 | 11:00 AM - 1:00 PM
- **Jericho Lake Park, Montgomery**
  - Tu | 8/9 | 11:00 AM - 1:00 PM

** Self Guided Sensory Exploration:

Participants and guardians will embark on a five-week, self-guided sensory experience within the Carolyn Nagle Sensory Room, following a training from our Sensory Staff. A staff member will be present to supervise and assist with equipment, when needed.

Note: Please contact the FVSRA office at 630-907-1114 to register. You will provide your top three days/times at the time of registration and staff will confirm your scheduled appointment times. Sensory sessions are 30 minutes in length.

The goal of this program is to provide an opportunity for participants to engage their senses through various stimuli such as lights, color, sounds, aromas, and textures. Socialize within a community setting.

** Session Information*

FVSRA, Carolyn Nagle Sensory Room, Aurora

- M - Sa | 6/13 - 8/13 | 9:00 AM - 4:00 PM
- All ages | 122-7008-1-5 | $26 R / $39 NR

*No session Memorial Day, 7/4

** Self Guided Sensory Exploration:

Enjoy a unique multi-sensory space and engage your senses through lights, colors, sounds, aromas, and textures.

** Benefits**

- Increased balance, movement, & spatial recognition.
- Relaxation
- Improved Focus
- Cognitive, Sensory, & Motor Skill Development

For more information, contact Rania Samawi at RaniaS@fvsra.org

** Music Through The Decades

Travel through time as we discover music throughout the decades while playing games, having singalongs, and learning fun facts.

The goal of this program is to gain knowledge of artists and music from various genres.

*This FREE program (a $16 value) is made possible by the support of the Fox Valley Special Recreation Foundation.

** Session Information*

Zoom

- Th | 6/23, 7/21, 8/11 | 4:30 - 5:15 PM
- 16+ | 122-1524-0-4 | Free*
Youth & Teen

KID FRIENDLY!

Meet Your Coordinator

Erin Anderson, CTRS
TR Coordinator
P: (630) 907-1114 ext. 1217
M: (331) 302-8660
E: ErinA@fvsra.org

Registration is now online!
FVSRA uses an online recreation system that allows you to search, filter, and sign up for programs easily. Please visit www.fvsra.org/registration to get started!

Don’t miss out!
Online registration closes May 25.

Symbols Key

In-Person This program takes place in-person at the location listed on the program card.

Food Snacks and drinks will be provided during this program.

Money A suggested dollar amount is given if the participant wishes to make a purchase.

Shoes This program requires participants to keep walking pace with the group and is not recommended for those who have mobility limitations.

Transportation Transportation will be provided to and/or from designated pick up locations.

Virtual This program will take place online through Zoom. Login information will be provided.

Please contact Erin, your program coordinator, with any questions that you may have.

About Youth & Teen Programs

These programs are designed to maximize learning, fun, and socialization. Our staff utilize visuals to assist with communication and understanding. Programs are structured, have a close staff to participant ratio, and incorporate sensory breaks.

Through participation in our programs, your child/teen will work on developing appropriate peer interactions and improving fine and gross motor skills.

Important Notes:

• Siblings are welcome to register. Same fees apply.
• If medication will be administered during the program, please turn in the Permission to Dispense Medication Form and the medications prior to the program. This form can be found on our website under the “About” tab, or by calling the FVSRA Office.
• Please label personal belongings.

Don’t miss out!
Online registration closes May 25.

SENSORY ROOM

Enjoy a unique multi-sensory space and engage your senses through lights, colors, sounds, aromas, and textures.

Benefits

• Increased balance, movement, & spatial recognition.
• Relaxation
• Improved Focus
• Cognitive, Sensory, & Motor Skill Development

Check out page 41 for more details!

Follow us on Facebook @FVSRA
Friday Fun (Teen)

End your week on a high note. You will visit a local attraction in the community and explore what they have to offer.

Note: Please bring a labeled water bottle and lunch.

The goal of this program is to provide an opportunity for socialization with peers in a structured environment.

Friday Fun (Youth)

Looking for a fun start to your weekend? Join us for Friday Fun! Our field trip lineup includes bowling, picnics, swimming, and more.

Note: Please bring a labeled water bottle and lunch.

The goal of this program is to increase social interaction with peers through participation in community outings and structured activities.

**Transportation from VAC and OSW**

Bowling at Funway*
Stephen D. Persinger Center, Geneva
F | 6/17 | 9:00 AM - 2:30 PM
13 - 22 | 122-1055-1-3 | $54 R / $81 NR

Otter Cove Waterpark*
Stephen D. Persinger Center, Geneva
F | 6/24 | 9:00 AM - 2:30 PM
13 - 22 | 122-1055-2-3 | $54 R / $81 NR

Tinseltown Movie*
Stephen D. Persinger Center, Geneva
F | 7/1 | 9:00 AM - 2:30 PM
13 - 22 | 122-1055-3-3 | $54 R / $81 NR

Happy Hooves Therapy Farm*
Stephen D. Persinger Center, Geneva
F | 7/15 | 9:00 AM - 2:30 PM
13 - 22 | 122-1055-4-3 | $54 R / $81 NR

Pottawatomie Park Swimming*
Stephen D. Persinger Center, Geneva
F | 7/22 | 9:00 AM - 2:30 PM
13 - 22 | 122-1055-5-3 | $54 R / $81 NR

Picnic and Lawn Games*
Stephen D. Persinger Center, Geneva
F | 7/29 | 9:00 AM - 2:30 PM
13 - 22 | 122-1055-6-3 | $54 R / $81 NR

Blackberry Splash Country*
Stephen D. Persinger Center, Geneva
F | 8/5 | 9:00 AM - 2:30 PM
13 - 22 | 122-1055-7-3 | $54 R / $81 NR

Primrose Farm Hayride & Picnic*
Stephen D. Persinger Center, Geneva
F | 8/12 | 9:00 AM - 2:30 PM
13 - 22 | 122-1055-8-3 | $54 R / $81 NR

Moore Park Spray-Ground*
FVSRA, Multipurpose Room, Aurora
F | 6/17 | 9:00 AM - 2:30 PM
5 - 12 | 122-1017-5-2 | $54 R / $81 NR

Pottawatomie Park Swimming*
FVSRA, Multipurpose Room, Aurora
F | 6/24 | 9:00 AM - 2:30 PM
5 - 12 | 122-1017-4-2 | $54 R / $81 NR

Tinseltown Movie*
FVSRA, Multipurpose Room, Aurora
F | 7/1 | 9:00 AM - 2:30 PM
5 - 12 | 122-1017-3-2 | $54 R / $81 NR

Happy Hooves Therapy Farm*
FVSRA, Multipurpose Room, Aurora
F | 7/15 | 9:00 AM - 2:30 PM
5 - 12 | 122-1017-2-2 | $54 R / $81 NR

Bowling at Funway*
FVSRA, Multipurpose Room, Aurora
F | 7/22 | 9:00 AM - 2:30 PM
5 - 12 | 122-1017-1-2 | $54 R / $81 NR

Blackberry Splash Country*
FVSRA, Multipurpose Room, Aurora
F | 8/5 | 9:00 AM - 2:30 PM
5 - 12 | 122-1017-7-2 | $54 R / $81 NR

Peck Farm & Picnic*
FVSRA, Multipurpose Room, Aurora
F | 8/12 | 9:00 AM - 2:30 PM
5 - 12 | 122-1017-8-3 | $54 R / $81 NR
**Friends Night In**

Come spend the evening with your peers at FVSRA! You will go swimming, have dinner, make crafts, play games, and watch a movie.

**Note:** Dinner is included in the cost of the program. Pool may not be available on 6/25 due to renovations. Participants should be dressed in their swimsuits upon arrival. Please bring a change of clothes for after the pool.

The goal of this program is to provide an opportunity for socialization with peers in a structured environment.

**Session Information 1**
FVSRA Multipurpose Room, Aurora
Sa | 6/25 | 3:45 - 7:30 PM
13 - 22 | 122-1076-1-3 | $38 R / $57 NR

**Session Information 2**
FVSRA Multipurpose Room, Aurora
Sa | 7/23 | 3:45 - 7:30 PM
13 - 22 | 122-1076-2-3 | $38 R / $57 NR

**Session Information 3**
FVSRA Multipurpose Room, Aurora
Sa | 9/10 | 3:45 - 7:30 PM
13 - 22 | 122-1076-3-3 | $38 R / $57 NR

*Transportation from OSW and GEN

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**Junior Basketball Clinic**

Dribble your way into the sport of basketball! Athletes will learn basic basketball skills including dribbling, passing, shooting, court positioning, and introductory game play strategy.

The goal of this program is to learn fundamental basketball skills while working as a group to develop positive social interactions with other players.

**Mid Summer Mini Camp (Youth)**

Continue your fun at camp by joining Mid Summer Mini Camp. Days will mimic a summer day camp structure with similar staff and activities.

**Note:** Please bring a labeled water bottle and lunch.

The goal of this program is to provide an opportunity for socialization with peers in a structured environment.

**Session Information**
Vaughan Athletic Center Field House, Aurora
F | 7/15 - 8/5 | 10:00 - 11:00 AM
8 - 14 | 122-3051-02 | $30 R / $45 NR

*Transportation from OSW and GEN

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**Family Fun Day**

Join your FVSRA friends for an end of summer bash. We will have a variety of carnival style games, inflatables, prizes, a food truck, and more! This family event will be fun for all ages.

**Youth & Teen**

**Teen Information**
Stephen D. Persinger Center, Geneva
Tu - Th | 7/5, 7/6, 7/7 | 9:00 AM - 2:30 PM
13 - 22 | 122-1037-03 | $162 R / $243 NR

**Youth Information**
FVSRA, Multipurpose Room, Aurora
Tu - Th | 7/5, 7/6, 7/7 | 9:00 AM - 2:30 PM
5 - 12 | 122-1091-02 | $162 R / $243 NR

*Transportation from GEN and OSW

**Register Now**
Parents Night Out

Take a night off while the kids enjoy an exciting evening with their friends from FVSRA. You will go swimming, have dinner, make crafts, play games, swim, and watch a movie.

Note: Dinner is included in the cost of the program. Pool may not be available on 6/25 due to renovations. Participants should be dressed in their swimsuits upon arrival. Please bring a change of clothes for after the pool.

The goal of this program is to provide an opportunity for socialization with peers in a structured environment.

**Session Information 1**
FVSRA, Multipurpose Room, Aurora
Sa | 6/18 | 3:45 - 7:30 PM
5 - 12 | 122-1054-1-1 | $38 R / $57 NR

**Session Information 2**
FVSRA, Multipurpose Room, Aurora
Sa | 7/23 | 3:45 - 7:30 PM
5 - 12 | 122-1054-2-2 | $38 R / $57 NR

**Session Information 3**
FVSRA, Multipurpose Room, Aurora
Sa | 7/30 | 3:45 - 7:30 PM
5 - 12 | 122-1054-3-3 | $38 R / $57 NR

*Transportation from GEN and OSW

REGISTER NOW

Saturday Drop-In

Start your weekend off with FVSRA! Participants will begin with a dip in the pool before eating lunch, playing games, and completing an arts and crafts project.

Note: Participants should be dressed in their swimsuits upon arrival. Please bring a labeled lunch and towel. Please bring a change of clothes for after the pool. Pool may not be available on 6/25 due to renovations.

The goals of this program are to provide an opportunity for socialization with peers and to increase fine and gross motor coordination.

**Session Information 1**
FVSRA, Multipurpose Room, Aurora
Sa | 6/18 | 12:30 - 3:00 PM
5 - 21 | 122-1075-1-2 | $30 R / $45 NR

**Session Information 2**
FVSRA, Multipurpose Room, Aurora
Sa | 7/9 | 12:30 - 3:00 PM
5 - 21 | 122-1075-2-2 | $30 R / $45 NR

**Session Information 3**
FVSRA, Multipurpose Room, Aurora
Sa | 7/16 | 12:30 - 3:00 PM
5 - 21 | 122-1075-3-2 | $30 R / $45 NR

**Session Information 4**
FVSRA, Multipurpose Room, Aurora
Sa | 8/6 | 12:30 - 3:00 PM
5 - 21 | 122-1075-4-2 | $30 R / $45 NR

**Session Information 5**
FVSRA, Multipurpose Room, Aurora
Sa | 8/20 | 12:30 - 3:00 PM
5 - 21 | 122-1075-5-2 | $30 R / $45 NR

*Transportation from GEN and OSW

REGISTER NOW

SENSORY ROOM

Enjoy a unique multi-sensory space and engage your senses through lights, colors, sounds, aromas, and textures.

**Benefits**
- Increased balance, movement, & spatial recognition.
- Relaxation
- Improved Focus
- Cognitive, Sensory, & Motor Skill Development

Check out page 41 for more details!
Self Guided Sensory Exploration

Participants and guardians will embark on a five-week, self-guided sensory experience within the Carolyn Nagle Sensory Room, following a training from our Sensory Staff. A staff member will be present to supervise and assist with equipment, when needed.

Note: Please contact the FVSRA office at 630-907-1114 to register. You will provide your top three days/times at time of registration and staff will confirm your scheduled appointment times. Sensory sessions are 30 minutes in length.

The goal of this program is to provide an opportunity for participants to engage their senses through various stimuli such as lights, color, sounds, aromas, and textures. Socialize within a community setting.

Session Information*
FVSRA, Carolyn Nagle Sensory Room, Aurora
M - Sa | 6/13 - 8/13 | 9:00 AM - 4:00 PM
All ages | 122-7008-1-5 | $26 R / $39 NR

*No session Monday, 7/4

Youth Soccer Skills

Dribble, pass, trap, and shoot your way to a new skill this summer. This program will teach basic skills that are essential to development in the sport of soccer.

The goal of this program is to increase endurance and coordination through development of skills in the sport of soccer.

Session Information
Harmony Pointe Park, Aurora
Th | 6/16 - 7/11 | 5:15 - 6:15 PM
5-12 | 122-3043-0-2 | $62 R / $93 NR

Teens Social Scene

Looking to meet friends with similar interests in the community? This social club meets in the St. Charles Public library’s teen space, and is an opportunity to play board games, video games, and socialize with peers.

Note: Dinner is included in the cost of the program.

The goal of this program is to provide an opportunity for staff-facilitated socialization with peers in a community setting.

Session Information*
St. Charles Public Library
Sa | 6/18, 7/16, 8/20 | 5:30 - 7:00 PM
13 - 18 | 122-1053-0-3 | $60 R / $90 NR

*Transportation from VAC and OSW

Youth Family Fun Day

Join your FVSRA friends for an end of summer bash. We will have a variety of carnival style games, inflatables, prizes, a food truck, and more! This family event will be fun for all ages.

SATURDAY, AUGUST 13 | 11:00 AM - 2:00 PM

Visit page 24 for more details.
Online Registration
FVSRA uses Rec 1, an online recreation system, that allows you to search and sign up for programs easily. Choose to search for programs under categories including fitness, athletics, special events, social programs, or search for programs by day of the week, program name, age group, or location. Online registration is available at www.fvsra.org/registration.

If you do not have an existing household account, you can create one by clicking on the "Take Me To Registration" button on the web page’s upper left-hand corner. If you are a first-time online registrant or need assistance with your username or password, please contact us at (630) 907-1114 or email registration@fvsra.org for assistance. Payment is requested at time of registration and can only be made by credit/debit card.

In-Person, Mail, Fax, Email, & Phone Registration
Register in-person or over the phone using our registration form, which can be downloaded from the FVSRA website at www.fvsra.org/forms. If registering by email or fax, please contact us directly to provide payment details.

Virtual Programming Access and Passwords
Zoom information for virtual programs is located on your receipt. You will also receive an email at the beginning of the program season with links and passwords for your programs. These are exclusive to you and cannot be shared. Participants who are not to be identified and/or whose enrollment status cannot be confirmed may be removed from a virtual program.

Online Account
Each online household account will have an "Account Statement", which indicates program status along with payments made/due. Payment at the time of registration will be processed immediately upon receipt but is not a confirmation of enrollment. Participants will be notified if a program is canceled, closed, or moved from wait status. Register carefully! If it is necessary to alter a program registration after it has been received at FVSRA, there may be a $5 charge for each program change.

Fee Assistance (Scholarships)
Because we believe every individual should have the opportunity to participate in recreation programs, FVSRA scholarships are available to residents in financial need through the generous support of the FVSRFoundation. Guardians and/or participants over 18 years old must complete a Scholarship Application and submit it to FVSRA. To request a form and view the full Scholarship Policy, please contact the office or visit: fvsra.org/forms. Applications will be reviewed, and scholarship awards will be applied to your online account before registration. Please note that some programs may not be eligible for scholarship awards, and applications can only be considered once all outstanding balances are paid in full. Contact Alex Engelhardt, Executive Director, with any questions regarding scholarships at (630) 907-1114 or AlexE@fvsra.org.

Annual Information Form (AIF)
Every participant must complete an Annual Information Form (AIF) each calendar year to register. Individuals without a current AIF on file will not be permitted to participate. An AIF can be completed through our online registration system at www.fvsra.org/registration or downloaded from the FVSRA website at www.fvsra.org/forms. If completing via hard copy, the form will need to be completed in its entirety. Please notify FVSRA of any changes to the AIF information during the course of the year.

Liability Waiver
FVSRA’s liability insurance carrier requires that prior to participation in any programs; the legal authority must sign the enclosed waiver. If a participant 18 years or older is able to sign contracts to legally enter into agreements, then they should sign the waiver. If not, the parent or legal guardian must do so. Participation will be denied if the signature of the adult participant or parent/guardian and date are not on Waiver and Release of All Claims. If registering online, the electronic waiver must be completed.

Each FVSRA program is planned for a minimum and a maximum number of participants. If a program reaches the minimum, all registrants will be enrolled. If the program fails to reach the minimum, the program is typically canceled. When a program reaches the maximum, it may close, and additional registration may be declined. In this case, registrants above the maximum will be placed in a wait status until FVSRA can determine whether the program can be expanded to accommodate them.

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Follow us on Facebook @FVSRA
Registration Deadline is May 25

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Atlanto Axial Subluxation
Individuals with Down Syndrome are at risk of having Atlanto Axial Subluxation Condition (ASC) that causes increased mobility in the cervical spine. For the safety of our participants, individuals with Down Syndrome are not allowed to participate in the butterfly stroke in swimming, diving, canoeing, gymnastics, high jump, and other activities unless they have tested negative for ASC. An x-ray determines if the condition is present. For more information, contact FVSRA at (630) 907-1114.

Code of Conduct
All participants, patrons, and spectators are expected to exhibit appropriate behavior at all times. The following guidelines have been developed to help make programs safe and enjoyable for all. Additional rules may be developed for specific programs as deemed necessary by staff. The agency insists that all participants, patrons, and spectators comply with the following FVSRA Code of Conduct:

In-Person Programs:
• Show respect to all participants, staff, volunteers, and patrons.
• Listen to and comply with staff direction and program rules, including staying within program boundaries.
• Allow others in the program and those at public facilities to enjoy the activity without disruption.
• Refrain from using foul language or other offensive behavior such as rude gestures, sexually explicit language, or inappropriate touching.
• Refrain from threatening or causing bodily harm to self, other participants, patrons, or staff.
• Show respect for personal space, supplies, and facilities.
• Not possess any weapons, illegal substances, or alcohol.
• Not be under the influence of alcohol or drugs which would impair the ability to safely participate in the program.

Virtual Programs:
• Show respect to all participants and staff. Threats and bullying of any form will not be tolerated.
• Listen to and comply with staff directions.
• Refrain from using foul language or other offensive behavior such as rude or inappropriate gestures or sexually explicit language.
• Not be under the influence of alcohol or drugs which would impair the ability to safely participate in the program.
• Remain fully clothed at all times.
• Audio or video recording by participants of our virtual programs is strictly prohibited.
• Refrain from sharing program information (Zoom meeting code and password) with others. Virtual registrations are not exchangeable.
• If inappropriate behavior continues to occur, staff will discontinue participation immediately. Staff will follow up with the parent/caregiver at the conclusion of the program by phone to discuss future eligibility. Note: FVSRA reserves the right to return home in a clean manner, we refer to questions about the type of attire participants should wear, please contact the program leader.
• Participants are expected to arrive at programs or transportation sites displaying proper hygiene and body odor. FVSRA staff will also be consistent in stressing personal hygiene while participants are in programs and will not return participants at the end of a program in an unclean manner. To ensure participants are returning home in a clean manner, we require that you provide additional supplies when necessary (undergarments, diapers/dependents, wipes, extra set of clothing, etc. Participants who need assistance toileting must wear appropriate undergarments while in the pool).

Parent / Guardian Responsibilities
• Follow specific pick-up and drop-off directions for each program as communicated by the Program Leader. FVSRA has the right to restrict entry to the specific program space to participants and staff only.
• All participants’ belongings should be clearly labeled as FVSRA is not responsible for lost or stolen items.
• Contact the FVSRA office or Program Leader if the participant will be absent from a program.
• Alert FVSRA of any dietary restrictions at least 1 week before the program date for programs that include snacks. Every effort will be given to provide alternative snack options, or the participant can bring their own.
• Adhere to the program’s scheduled pick-up and drop-off transportation times. Participants cannot be left unattended before or after the designated program time.
• Provide FVSRA Staff with additional supplies such as undergarments, diapers/dependents, wipes, extra set of clothing, etc., for participants who require assistance with toileting.

Personal Health Screening
All participants, staff, and volunteers are required to complete their own personal health assessment before attending any in-person programs. FVSRA will not record or request proof of this, but by attending/working a program, participants, staff, and volunteers are confirming they can answer “no” to the following questions for new or unexpected symptoms. If anyone answers “yes” to any of these questions, they may not be allowed to attend until cleared by a medical professional or are 24 hours symptom free without the support of medication.
• Do you have a fever of 100.4 Fahrenheit or higher?
• Do you have a cough or sore throat?
• Have you been experiencing difficulty breathing or shortness of breath?
• Do you have muscle aches?
• Have you had a headache (e.g. not typical to the individual)?
• Have you noticed a loss of taste or loss of smell?
• Have you been experiencing chills or rigors (i.e. sudden feeling of cold with shivering accompanied by a rise in temperature)?
• Do you have any gastrointestinal concerns (e.g. abdominal pain, vomiting, diarrhea)?
• Have you tested positive for COVID-19 in the last 14 days?
• To the best of your knowledge, in the last 14 days, have you, or someone in your household, come into close contact with anyone who has tested positive for or been diagnosed with COVID-19? (For those who are not fully vaccinated only)
• Do you have any of the above symptoms, FVSRA must take precautions as if the individual has COVID-19 if they are not vaccinated.

If the individual displays any of the above symptoms, FVSRA must take precautions as if the individual has COVID-19 if they are not vaccinated. If the individual has illness such as allergies or other noncontagious conditions that may appear similar to a contagious illness, a note from a medical professional may be required prior to participation or 24 hours symptom free without the support of medication. FVSRA has the right to refuse any individual who appears to have any of the above symptoms from programs or work.

If a participant becomes ill during a program, a guard or emergency contact will be notified and ask to pick up the participant. Staff will escort the participant to an isolated area and remain with them at a safe distance until they are picked up.

Photograph / Video Policy
By registering for a FVSRA program or event, you consent that FVSRA has the right to photograph or film you or your child/ward and use the photos/videos for any purpose in any medium of communication, without compensation. If there is a specific reason you or your child/ward cannot be photographed, please contact us.

Refund Policy
If a program is canceled by FVSRA due to low/no enrollment, a credit will be applied to the participant’s account. For cancellations due to weather, the date may be rescheduled and may not be eligible for a refund. Weather cancellations will be reviewed on a case by case basis. In the event a participant must drop out of a program due to an injury or illness, a doctor’s note is required unless otherwise indicated. The fee will be prorated starting with the date the request and proof of relocation are received by FVSRA.

If a participant relocates out of the area, a refund will be made once the request refund and proof of relocation are submitted to the FVSRA office. The fee will be prorated starting with the date the request and proof of relocation are received by FVSRA.

Requests to withdraw from a program should be directed to the Program Leader. Program refund requests will be reviewed by Administrative staff for eligibility.

Withdrawal/Refund requests submitted within one week of the program may not be eligible for refunds. Eligible credits/refunds are subject to a $5 processing fee. For events/trips involving the purchase of tickets, contracted services, or specialized/non-returnable supplies, the cost of said items will be deducted from the program credit/refund unless another arrangement is made. If you have any questions regarding our Refund Policy, please contact Alex Engelhardt, Executive Director, at (630) 907-1114 or AlexE@FVSRA.org.

Resident/Non-Resident Policy
Residents will be given priority when registering for programs. Residents include all individuals who live within the boundaries of the Fox Valley, St. Charles, Geneva, Batavia, OswegoLand, Sugar Grove Park Districts, and the Village of South Elgin Parks and Recreation Department. Any individual who lives outside...
the participating Member Agency boundaries is considered a non-resident and will be required to pay non-resident fees when registering for programs when applicable. Any questions regarding the non-resident policy should be directed to Alex Engelhardt, Executive Director, at (630) 907-1114 or AlexE@fvsra.org.

Weather Cancellations
Programs may be cancelled due to inclement weather. If a program is cancelled, staff will attempt to reach all participants by phone and email to inform them of the cancellation. Programs may or may not be rescheduled.

Severe Winter Weather Guidelines for Cancelling Programs:
- All programs are cancelled when the temperature drops to -10˚ or wind chill of -20˚. All programs (including indoor) are cancelled during snowstorm or blizzard situations when driving restrictions and emergency accident plans are in effect (e.g., winter storm or blizzard warnings).

Wellness Guidelines
In consideration of other participants, staff, and to prevent the spread of contagious illnesses, participants cannot attend programs when any of the following conditions exist:

- Fever of 100 degrees or higher within the last 24 hours.
- Vomiting within the last 24 hours.
- Persistent diarrhea in conjunction with other symptoms.
- Contiguous rash or a rash of unknown origin.
- Persistent cough and/or cold symptoms.
- Eye infections or discharge from the eye.
- Symptoms of mumps, measles, chicken pox, strep throat, flu, impetigo, or Coxsackie’s virus.
- Fatigue due to illness that hinders participation in the program.
- Lice or mites.
- Any other illness or condition which is contagious or which may spread to others.

Please notify FVSRA if the participant contracts any contagious illness. Participants should return to programs at the doctor's recommendation, or, if not under a doctor's care when the symptoms have passed.

Transportation
Transportation Guidelines

Policies

Transportation Updates (see map on page 49)

Programs that have transportation options will have a bus symbol noted next to the blurb and will include pick-up/drop-off site abbreviations, when applicable. Those who wish to utilize transportation must indicate their pick-up/drop-off point in the “Pick-Up/ Drop-Off Site” column, located on the registration form, or select the location in the transportation prompt if you register online. FVSRA must know beforehand if a participant requires pick-up/drop-off transportation in order to schedule drivers and vehicles. Unless this column is completed, FVSRA staff will assume a participant has other means of transportation.

Transportation Safety Procedures
FVSRA has developed the following transportation procedures to ensure the safety of all. FVSRA reserves the right to refuse transportation to any individual who does not comply with procedures or, if it is deemed unsafe at the agency’s or driver’s discretion:

- Only participants registered for transportation will be allowed on vehicle.
- A guardian or caregiver expected to provide 1:1 assistance to a passenger is expected to complete a Transportation Waiver. Contact Operations Manager at 630-907-1114 at time of registration to obtain paperwork.
- Individuals not authorized to be left alone to wait for a ride, or are prone to seizures, must have a guardian meet the vehicle at time of pick-ups and drop-offs.
- Individuals who are authorized to be left alone upon drop-off, will not be allowed to wait unattended in inclement weather; late pick-up and drop-off policies and procedures will apply.
- Drivers will assist passengers onto or out of the vehicle as necessary. Only trained FVSRA staff are authorized to operate equipment on the vehicle, including but not limited to vehicle lift and tie-downs.
- Passengers who use tri-wheeled chairs, or other type of chair not ideal for transportation services, or chairs with brakes not in working condition, must transfer to a stationary seat, if assistance is needed for a participant to transfer to a seat, a Participant Support and Transfer Request for Accommodation must be completed and on file. This can be found at www.fvsra.org/forms.
- All passengers must be seated and wearing safety belts.
- All passengers are expected to exhibit appropriate and safe behavior at all times.
<table>
<thead>
<tr>
<th>Day</th>
<th>Program</th>
<th>Type</th>
<th>Start Time</th>
<th>End Time</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>M</td>
<td>Advanced Strength and Conditioning</td>
<td>In-Person</td>
<td>3:25 PM</td>
<td>4:25 PM</td>
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<tr>
<td>M</td>
<td>Aktion Club</td>
<td>In-Person</td>
<td>4:30 PM</td>
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<tr>
<td>M</td>
<td>Coffee Club</td>
<td>Virtual</td>
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<td>10:00 AM</td>
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<tr>
<td>M</td>
<td>Fit From Home</td>
<td>Virtual</td>
<td>3:00 PM</td>
<td>3:45 PM</td>
<td>28</td>
</tr>
<tr>
<td>M</td>
<td>Special Olympics Golf (North)</td>
<td>In-Person</td>
<td>6:00 PM</td>
<td>7:30 PM</td>
<td>18</td>
</tr>
<tr>
<td>M</td>
<td>Supper Club</td>
<td>In-Person</td>
<td>5:45 PM</td>
<td>6:45 PM</td>
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</tr>
<tr>
<td>M</td>
<td>Walking Club</td>
<td>In-Person</td>
<td>4:30 PM</td>
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<tr>
<td>Tu</td>
<td>Bowling Session 3</td>
<td>In-Person</td>
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<tr>
<td>Tu</td>
<td>Derby Dash</td>
<td>Virtual</td>
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<tr>
<td>Tu</td>
<td>Hungry Hikers</td>
<td>In-Person</td>
<td>11:00 AM</td>
<td>1:00 PM</td>
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<tr>
<td>Tu</td>
<td>Sit and Be Fit</td>
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</tr>
<tr>
<td>Tu</td>
<td>Trivia Tuesdays</td>
<td>Virtual</td>
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<tr>
<td>Tu/Th</td>
<td>Special Olympics Volleyball</td>
<td>In-Person</td>
<td>6:30 PM</td>
<td>8:00 PM</td>
<td>19</td>
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<td>Tu/W</td>
<td>Gone Fishin’</td>
<td>In-Person</td>
<td>10:00 AM</td>
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<tr>
<td>Tu/Th</td>
<td>Mid Summer Mini Camp Youth/Teen</td>
<td>In-Person</td>
<td>9:00 AM</td>
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<tr>
<td>W</td>
<td>Cinema Cruisers</td>
<td>In-Person</td>
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<td>W</td>
<td>Concert in the Park</td>
<td>In-Person</td>
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<td>36</td>
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<tr>
<td>W</td>
<td>Creative Corner</td>
<td>Virtual</td>
<td>4:00 PM</td>
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<tr>
<td>W</td>
<td>Day Trip: Northern Illinois Adventures</td>
<td>In-Person</td>
<td>8:00 AM</td>
<td>6:00 PM</td>
<td>23</td>
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<tr>
<td>W</td>
<td>Flag Football Skills</td>
<td>In-Person</td>
<td>6:30 PM</td>
<td>7:30 PM</td>
<td>17</td>
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<tr>
<td>W</td>
<td>Food Truck Wednesdays</td>
<td>In-Person</td>
<td>11:30 AM</td>
<td>1:00 PM</td>
<td>37</td>
</tr>
<tr>
<td>W</td>
<td>Game Night</td>
<td>In-Person</td>
<td>5:00 PM</td>
<td>6:00 PM</td>
<td>37</td>
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<tr>
<td>W</td>
<td>Rec Club Virtual</td>
<td>Virtual</td>
<td>4:30 PM</td>
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</tr>
<tr>
<td>W</td>
<td>Special Olympics Flag Football</td>
<td>In-Person</td>
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<td>7:30 PM</td>
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<td>Movie In The Park</td>
<td>In-Person</td>
<td>TBD</td>
<td>TBD</td>
<td>25</td>
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<tr>
<td>Th</td>
<td>Beginner Strength and Conditioning</td>
<td>In-Person</td>
<td>3:30 PM</td>
<td>4:30 PM</td>
<td>31</td>
</tr>
<tr>
<td>Th</td>
<td>Bingo Virtual</td>
<td>Virtual</td>
<td>6:30 PM</td>
<td>7:15 PM</td>
<td>34</td>
</tr>
<tr>
<td>Th</td>
<td>Disc Golf &amp; Lunch</td>
<td>In-Person</td>
<td>11:00 AM</td>
<td>1:00 PM</td>
<td>23</td>
</tr>
<tr>
<td>Th</td>
<td>Farm Fresh Cooking</td>
<td>In-Person</td>
<td>5:30 PM</td>
<td>7:30 PM</td>
<td>40</td>
</tr>
<tr>
<td>Th</td>
<td>Fine Arts Sampler</td>
<td>In-Person</td>
<td>4:30 PM</td>
<td>6:00 PM</td>
<td>13</td>
</tr>
<tr>
<td>Th</td>
<td>Mini Golf &amp; Lunch</td>
<td>In-Person</td>
<td>11:00 AM</td>
<td>1:00 PM</td>
<td>24</td>
</tr>
<tr>
<td>Th</td>
<td>Music Through The Decades</td>
<td>Virtual</td>
<td>4:30 PM</td>
<td>5:15 PM</td>
<td>42</td>
</tr>
<tr>
<td>Th</td>
<td>Rec Club In Person</td>
<td>In-Person</td>
<td>Various</td>
<td>Various</td>
<td>37</td>
</tr>
<tr>
<td>Th</td>
<td>Special Olympics Bocce</td>
<td>In-Person</td>
<td>4:15 PM</td>
<td>5:15 PM</td>
<td>18</td>
</tr>
<tr>
<td>Th</td>
<td>Special Olympics Golf (South)</td>
<td>In-Person</td>
<td>6:00 PM</td>
<td>7:30 PM</td>
<td>18</td>
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<tr>
<td>Th</td>
<td>Strength and Conditioning</td>
<td>In-Person</td>
<td>3:30 PM</td>
<td>4:30 PM</td>
<td>31</td>
</tr>
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</table>
Facility Directory

<table>
<thead>
<tr>
<th>Facility</th>
<th>Address</th>
<th>City</th>
</tr>
</thead>
<tbody>
<tr>
<td>Batavia River Walk</td>
<td>100 N. Island Ave.</td>
<td>Batavia</td>
</tr>
<tr>
<td>Blackhawk Park</td>
<td>1479 S. Blackhawk Circle</td>
<td>South Elgin</td>
</tr>
<tr>
<td>Bliss Woods Forest Preserve</td>
<td>55660 Bliss Rd.</td>
<td>Sugar Grove</td>
</tr>
<tr>
<td>Carolyn Nagle Sensory Room</td>
<td>2121 W. Indian Trail</td>
<td>Aurora</td>
</tr>
<tr>
<td>Farmhouse School</td>
<td>3N369 LaFox Rd.</td>
<td>Campton Hills</td>
</tr>
<tr>
<td>Fox Bend Gold Course</td>
<td>3516 US 34</td>
<td>Oswego</td>
</tr>
<tr>
<td>Funway</td>
<td>1335 S. River St.</td>
<td>Batavia</td>
</tr>
<tr>
<td>FVSRA</td>
<td>2121 W. Indian Trail</td>
<td>Aurora</td>
</tr>
<tr>
<td>Grunwald Forest Preserve</td>
<td>025035 S. Lorang Rd.</td>
<td>Elburn</td>
</tr>
<tr>
<td>Haines Gymnasium</td>
<td>305 S. 9th St.</td>
<td>St. Charles</td>
</tr>
<tr>
<td>Harmony Pointe Park</td>
<td>2121 W. Indian Trail</td>
<td>Aurora</td>
</tr>
<tr>
<td>James O. Breen Community Park</td>
<td>Campton Hills Rd. and Peck Rd.</td>
<td>St. Charles</td>
</tr>
<tr>
<td>Jericho Lake Park</td>
<td>39W365 Jericho Rd.</td>
<td>Montgomery</td>
</tr>
<tr>
<td>McCole Elementary School</td>
<td>2901 Foxmoor Dr.</td>
<td>Montgomery</td>
</tr>
<tr>
<td>Mount St. Mary's</td>
<td>Geneva Rd. at Prairie St.</td>
<td>St. Charles</td>
</tr>
<tr>
<td>Northwestern Medicine Field</td>
<td>349002 Cherry Ln.</td>
<td>Geneva</td>
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<tr>
<td>Oakhurst Forest Preserve</td>
<td>1680 5th Ave.</td>
<td>Aurora</td>
</tr>
<tr>
<td>Ottre Cove Aquatic Park</td>
<td>3615 Campton Hills Rd.</td>
<td>St. Charles</td>
</tr>
<tr>
<td>Panton Park</td>
<td>10 N. Water St.</td>
<td>South Elgin</td>
</tr>
<tr>
<td>Pottawatomie Park/Golf Course</td>
<td>8 North Ave.</td>
<td>St. Charles</td>
</tr>
<tr>
<td>Prisco Community Center</td>
<td>150 W. Illinois Ave.</td>
<td>Aurora</td>
</tr>
<tr>
<td>Red Oak Nature Center</td>
<td>2343 S. River St.</td>
<td>Batavia</td>
</tr>
<tr>
<td>Riverview Mini Golf Course</td>
<td>8 North Ave.</td>
<td>St. Charles</td>
</tr>
<tr>
<td>Sperry Park</td>
<td>800 Michigan Ave.</td>
<td>South Elgin</td>
</tr>
<tr>
<td>Sportsplex</td>
<td>1400 Foundry St.</td>
<td>St. Charles</td>
</tr>
<tr>
<td>Stephen D. Persinger Center</td>
<td>3507 Kaneville Rd.</td>
<td>Geneva</td>
</tr>
<tr>
<td>St. Charles Public Library</td>
<td>1 S. 6th Ave.</td>
<td>St. Charles</td>
</tr>
<tr>
<td>Sunset Community Center</td>
<td>710 Western Ave.</td>
<td>Geneva</td>
</tr>
<tr>
<td>The Lodge at Laurenwood</td>
<td>800 N. River St.</td>
<td>Batavia</td>
</tr>
<tr>
<td>Tineltown Theater</td>
<td>320 S. Lincolnway St.</td>
<td>North Aurora</td>
</tr>
<tr>
<td>Vaughan Athletic Center</td>
<td>2121 W. Indian Trail</td>
<td>Aurora</td>
</tr>
</tbody>
</table>

Registration Form

Online registration is available! Visit fvsra.org/registration to complete these registration forms.

Participant Name: ___________________________ Age: _______ DOB: _______ Gender: _______ Ethnicity: ________________________

Are there any updates to the participant’s contact information? [ ] Yes [ ] No (If yes, please provide updated info below.)

New participants must fill out the contact information completely.

Home Address: __________________________________ City: ___________________________ Zip: __________ Park District: ____________________

Phone Number: ___________________________ Email Address: ___________________________

Guardian 1 Name: ___________________________ Cell Number: ___________________________ Work Number: ___________________________

Guardian 2 Name: ___________________________ Cell Number: ___________________________ Work Number: ___________________________

Is participant requesting a scholarship? [ ] Yes [ ] No (Scholarship form must be filled out annually.)

I would like to donate to the FVSF Foundation. Please accept my donation of $ __________ (Include donation in registration table below)

Program Code | Program Name | Pick Up/ Drop Off Site | Door to Door | Fee
---|---|---|---|---

If paying by credit card:

[ ] Visa [ ] MasterCard
[ ] Discover [ ] American Express

Card Number: ___________________________
Expiration: ___________________________ CVV: _______

Card Holder Signature: ___________________________
(required for credit card payment)

NOTE: When registering by fax, it is mutually understood that the facsimile registration document (including the waiver & release of all claims) shall substitute for, and have the same legal effect, as the original form.

FVSRF Foundation Donation

Total

For Office Use

Participation will be denied if the signature of adult participant or parent/guardian and date are not on Waiver and Release of All Claims on the following page.
I hereby fully release and discharge Fox Valley Special Recreation Association and its officers, agents, servants and employees (hereinafter collectively referred as "FVSRA").

I understand the FVSRA may photograph/video tape the events or activity in which I am (or my child/ward) participating. I give my permission for the FVSRA to use photographs/videotapes of me (or my child/ward) for the purpose of promoting the FVSRA and its services/programs. I give my permission with the following understanding: No compensation of any kind will be paid to me (or my child/ward) at this time or in the future for the use of my (or my child/ward's) likeness.

In the event of an emergency, I understand and authorize FVSRA staff and officials to secure from any licensed hospital, physician and/or medical personnel any treatment deemed necessary for immediate care for myself or minor child/ward and agree that I will be responsible for payment of any and all medical services rendered.

I have read and fully understand the above Important Information, Warning of Risk, Waiver, Assumption of Risk, and Release of All Claim. If registering a minor participant, I further attest that I have read the above to my minor child/ward. If registering by fax, your facsimile signature shall substitute for and have the same legal effect as an original form signature.

NOTE: When registering by FAX, it is mutually understood that the facsimile registration document (including the Waiver & Release of All Claims) shall substitute for, and have the same legal effect, as the original form.

COVID-19 WAIVER

Please read this form carefully and be aware that participation in the athletics/activities program(s) for which this individual is being registered entails, like participation in all recreational activities, certain risks which cannot be entirely eliminated despite due care exercised by Fox Valley Special Recreation Association staff in conjunction with such program(s).

I hereby give my consent for this individual to participate in the athletics/activities program(s). I understand that appropriate precautions are taken to protect program participants. However, I also recognize and acknowledge that there is a degree of risk that this individual may sustain personal injury, illness or damage to property in the course of partaking in such activities, and that Fox Valley Special Recreation Association cannot guarantee risk-free recreational experiences to program participants. I further acknowledge that my child could be exposed to someone who may be incubating communicable illnesses or other diseases, including but not limited to COVID-19 (Coronavirus), and who may be capable of spreading disease to others during participation. I nonetheless desire to procure the benefits of recreation for this individual; and accordingly consent to their participation in the athletics/ activity program and agree to assume any and all risks and dangers associated with their participation.

I agree to emergency treatment of the individual by a physician or hospital in the event I cannot be reached, and I understand that Fox Valley Special Recreation Association does not cover or insure participants for any types of medical costs.

I hereby fully release and discharge Fox Valley Special Recreation Association and its officers, agents, servants and employees from any and all claims for injury, illness, disease, damage, loss or death which I may have or which may accrue on account of the individual's participation in the program(s). I further agree to indemnify and hold harmless Fox Valley Special Recreation Association and its officers, agents, servants and employees from any and all claims and expenses, including attorney's fees, resulting from injury, illness, disease, damage, loss or death sustained and arising in any way out of the individual's participation in said programs.
Discover Fun Summer Adventures at FVSRA Summer Camp!

Explore the program catalog and register online!

If you have questions about the right program for you (or a family member), we’d love to hear from you! Contact Claire Howes at 630-907-1114 or ClaireH@fvsra.org.